AUA-2024 B DAILY NAY 3, 2024 DAILY MAY 3, 2024

Paradigm-Shifting, Practice-Changing Clinical Trials in Urology

Exceptional, groundbreaking studies expected to change the day-to-day practice of urology.

Plenary 10:15-11:20 a.m. Stars at Night Ballroom

Learning Lab

These important clinical trials are expected to influence practice when they are ultimately reported and/or published.

Clinical Trials in Progress: Benign Disease 1-3 p.m. AUA Square: Learning Lab



Don't miss today's moderated session with live narration of robotic procedure videos and a panel discussion. Supported by Intuitive

Bladder Procedures 2-4 p.m. S&T Hall, Booth 2425

Diversity, Equity

Explore health inequities, cultural complications and geographical disparities during today's forum.

Forum 1-4:05 p.m. Room 304A



Welcome to San Antonio

AUA2024 offers groundbreaking research, new guidelines and the latest advances in urology.

elcome to AUA's 2024 Annual Meeting.

Whether you're a urologist, resident, researcher or advanced practice provider, the AUA Annual Meeting provides access to the very latest advances in the specialty, plus opportunities to network with colleagues, make new connections and explore the latest technologies in urology!

This year, AUA Secretary David F. Penson, MD, MPH, has introduced many new and innovative programs including "P2s: Paradigm-Shifting, Practice-Changing Clinical Trials in Urology."

"These are high-profile studies that haven't been presented before and will have an immediate effect on attendees' clinical practices, including randomized clinical trials of novel agents and new surgical approaches that will really change the way we practice urology," said Dr. Penson.

Today's plenary session is sure to energize, engage and educate. The morning event includes a variety of interesting, timely topics across the urology specialty's span. Subject matter experts will discuss unique cases, address important developments, present novel trial results and tackle challenging issues.

The opening plenary session begins with the popular crossfire format, featuring "Controversies in Urology: Ileal Conduit vs. Neobladder." Then, leading urologists will participate in panel discussions on specific patient cases, including second-opinion cases, as well as how to increase prostate cancer screening in minority communities. The AUA Guidelines presentation will convey the recent recommendations for salvage treatment of prostate cancer.

Finally, there will be a series of presentations on paradigmshifting, practice-changing clinical trials affecting bladder and prostate cancer.

The afternoon plenary will begin with a panel discussion on artificial intelligence and will feature a state-of-theart lecture on advances in molecular imaging for renal tumors, the John K. Lattimer Lecture on precision oncology and another crossfire debate, this time on the topic of the value of pre-op 3D models for





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Treasurer Thomas F. Stringer, MD, and AUA Board Representative James Ulchaker, MD, will moderate the plenary, located in the Stars at Night Ballroom and live streamed for those attending virtually.

"Regardless of the stage of our careers or practice setting, the plenary session connects real-time advances in urology to our daily lives and to the delivery of up-to-date impactful urological care," said Dr. Stringer, vice chair of philanthropy and alumni affairs and associate professor of urology at University of Florida Health System in Gainesville.

3D PRE-OP MODELS IN RENAL SURGERY **3** FLIPPING THE SCRIPT **6** SCHOLARLY JOURNAL PUBLISHING **8** YOUNG UROLOGISTS FORUM **9** SCIENCE & TECHNOLOGY HALL **12-13** Q&A: GARY FAERBER, MD **14**



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Debating the utility of 3D pre-op models in renal surgery Is a clearer picture worth the additional cost and time?

an the latest generation of three-dimensional pre-op models improve surgical outcomes for kidney cancer surgery? Or are they an alluring technology that exhausts time and increases cost with little or no improvement in patient outcomes?

"We are pushing the envelope with

partial nephrectomy, taking on more and more challenging surgeries to try to spare patients the associated harms of chronic kidney disease," said Brian



Shuch, MD, director of the Kidney Cancer Program and the Alvin & Carrie Meinhardt Endowed Chair in Kidney Cancer Research at the University of California in Los Angeles. "As we are tackling larger, deeper tumors, we have the potential for getting into important structures like the collecting system, renal vein sinuses and the ureter. There are existing technologies that turn a two-dimensional CT or MRI image into a 3D model that could be visualized prior to surgery and/or used intraoperatively, even within the robotic console."

Dr. Shuch will moderate a Crossfire Debate, "Controversies in Urology: Pre-Op 3D Models Help Improve Surgical Outcomes in Renal Cancer

Surgery," 2:20-2:50 p.m. today in the Stars at Night Ballroom. He will present a patient with early-onset kidney cancer with multifocal and bilateral appearance including one tumor that appears to be highly invasive.

3D pre-op models promise to give the surgeon a better idea of patient-specific anatomy with the goal of improving operative parameters, including quicker operations, less blood loss and less entry into the urinary collecting system. The goal is to improve the rate of complete resection with negative margins and improve the ability to save a kidney with a successful partial nephrectomy.

"These models are not cheap," Dr. Shuch said. "The majority of users will rely on a third party to develop them, something that is not reimbursed. These are also time consuming because we need to extract images from the institution. export deidentified images to the third party, then obtain and visualize the model, often with special software, and perhaps connect with the robotic console for real-time visualization. The question is whether they are really that useful."

Similar 3D models may have clearer benefits to other types of surgery such as a complex segmental resection for lung cancer, where a lobectomy would not be ideal, Dr. Shuch noted. The surgeon may never clearly visualize a tumor buried deep in the lung tissue,



which makes an accurate 3D pre-op model invaluable for performing a tissue-sparing segmental resection.

"However, for kidney cancer surgery, we are not operating blind," he pointed out. "For a partial nephrectomy, it ultimately comes down to the surgeon visualizing the normal/tumor tissue interface and using intraoperative ultrasound for real-time planning to give the surgeon a clearer road map of the ideal tissue planes.

"Our goal is a better understanding of how some of our expert surgeons use 3D models to perhaps improve their operations," Dr. Shuch added. "There are questions as to how and when these models may be useful and how surgeons might integrate this novel visualization approach into their

practice, either for all patients or maybe for the most challenging cases they face in clinic. While there have been studies. the jury is still out on whether it is worth the additional cost and time to use this technology to improve patient outcomes. There are challenges with assessing impact, and randomization has limitations because operative metrics are greatly impacted by surgeon behavior."

Crossfire: Controversies in Urology: Pre-Op 3D Models Help **Improve Surgical Outcomes in Renal Cancer Surgery** Friday, May 3 2:20-2:50 p.m. Stars at Night Ballroom



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Title: A Treatment Approach for Certain Patients With High-risk, Non-muscle Invasive Bladder Cancer

Learning objectives:

• Review the cases of hypothetical patients with high-risk, non-muscle invasive bladder cancer (NMIBC)

• Present efficacy and safety data for a treatment option for certain patients with high-risk NMIBC

• Understand how to monitor and manage potential select adverse reactions

Speaker: Vahan Kassabian, MD



Dr. Vahan Kassabian is a urologic oncologist with Advanced Urology serving as the Director of the Atlanta Prostate Center and Advanced Therapeutics in Atlanta, GA. Dr. Kassabian earned his M.D. and completed his residency at the University of Montreal followed by fellowship training in urologic oncology at Baylor College of Medicine in Houston, Texas. He is a former Assistant Professor, Department of Surgery at Emory University and also served as Chief of Urology at the V.A. Hospital in Atlanta. His clinical research interests include general urologic oncology and he is a contributing editor to Reviews in Urology. His research has been featured in articles, abstracts and chapters of leading academic publications. Dr. Kassabian is an international speaker and has lectured extensively on prostate cancer and disease. He is a member of the American Urological Association, the American College of Surgeons and the Society of Urological Oncology.

Sunday, May 5, 2024

1:00 PM - 2:00 PM CT

Henry B. González Convention Center

Hemisfair Ballroom 1

Merck Medical Forums are educational meetings and do not include alcoholic beverages.



Flipping the script

AUA2024 will offer new unrestricted, fresh formats to amp up active learning.

hange is coming to the AUA Annual Meeting in 2024. Look for novel programming with key clinical trials in progress, wide-ranging video presentations and early-career urologists presenting complex cases to stump their senior colleagues.

"We are flipping the script in our programming this year, taking this opportunity to present materials in different formats without the usual restrictions in our new Learning Lab setting," said AUA Secretary David Penson, MD, MPH, professor and chair of urology and Hamilton and Howd Chair in Urologic Oncology at Vanderbilt University Medical Center in Nashville, Tennessee. "We are working to make the meeting even more interactive, to get some of the

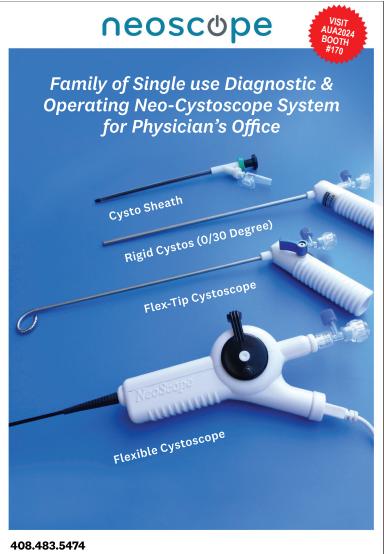


back-and-forth that you can't really do in standard sessions. The goal is to get away from just having experts standing up on stage

lecturing the audience." The AUA is working multiple pilot

programs into the Annual Meeting in the new Learning Lab, where a collection of fresh formats will be rolled out. New this year is a series of three video sessions, which will explore key clinical trials still in progress and a Flip-the-Script case study presentation with junior urologists trying to stump the experts.

"When you do grand rounds, it is usually residents and fellows working through difficult cases the attendings



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present," Dr. Penson explained. "We're changing things up to have the more senior urologists work through those difficult cases. The interesting part is there is no single right answer to any of these cases. We're looking for a good-natured back-and-forth as senior urologists work through each case and give their thoughts on how to diagnose and manage them."

Clinical Trials in Progress is another innovation for 2024. Annual Meeting attendees can expect detailed reports of completed clinical trials to be presented in the plenary, poster and podium sessions, but reporting final results is the culmination of years of painstaking work that is seldom seen in public. Three two-hour sessions will bring attendees up to date on some of the most important trials in benign disease, bladder cancer and other urologic cancers that are still in progress and have yet to report out.

"The response to our call for Clinical Trials in Progress was overwhelming," Dr. Penson said. "I originally thought we would need an hour at most, and we're up to six hours. The goal is to present ongoing trials and get feedback and discussion with the audience. This is a much more interactive format, with researchers, industry sponsors, patients and audience members all part of the discussion."

The Learning Lab kicks off on Friday, 7-9 a.m., with a video session on "Female Voiding Dysfunction/Pelvic Floor Disorders/Incontinence/Neuro-Urology." Next up is a video session on "Adrenal/ Renal Oncology," 9:30-11:30 a.m., and "Clinical Trials in Progress: Benign Disease," 1-3 p.m.

**

Saturday brings "Top Surgical Videos: Innovations in Diagnostics and Techniques," 1-3 p.m., and "Flip-the-Script: Case Studies," 3-4 p.m.

Sunday opens with "Clinical Trials in Progress: Bladder Cancer," 10 a.m.noon, and "Clinical Trials in Progress: Cancer," 1-3 p.m., including trials in prostate, renal, bladder, penile and other cancers.

"We are already playing with other ideas for 2025 to make it easier for people to ask questions in poster sessions, and maybe even in the plenary using information technologies to get questions to the speaker in real time," Dr. Penson said. "The back-and-forth, the exchange of ideas, is what makes these sessions.

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Instructional course offers the inside story on scholarly journal publishing

Learn what it takes to transform your urological research into a published journal article—from submission, peer review and acceptance to production, promotion and beyond.

n urology, surgeons and researchers are continually testing and developing new ideas and skills that help advance the field and improve patient outcomes. To share this knowledge, it's important to publish

your findings in journal articles. But where should you start? How about right here with: "A Good Read: Demystifying



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Medical Publishing for Urologists. Insights and Tips From the Editors of *The Journal of Urology*[®] and *European Urology*."

In the first instructional course* at the annual meeting on scholarly publishing, you'll get a behind-thescenes look at the publishing process of urological research from the editors of two major urology journals and their editorial teams.

"The goal of this instructional course is to help you get familiar with the scholarly publishing process so when you're ready to publish, you'll know the fundamentals," said Robert Siemens, MD, editor-in-chief of *The Journal of Urology*[®] and the course director. Designed for everyone from residents, fellows and early-career academics to nonacademic urologists and independent practitioners interested in clinical research, this instructional course will offer an expansive publishing overview. Be prepared to learn how to:

- Read an article to identify novel, impactful research for a better understanding of the urological research literature, with the goal of extending your knowledge of the advancements in urology.
- Review an article for suitability for publication in a scholarly research journal and subsequently write an effective peer review report of that work.
- Identify research opportunities that are potentially impactful to the advancement of the field and conceptualize how to execute a publication plan.
- Create a methods-based outline, including title, abstract, introduction, methods, results, discussion and references, as the basis for an effective submission in a worthy journal.
- Summarize content effectively in visual, video and short plainlanguage summaries to maximize accessibility and impact of research.
- Amplify your published research with social media to interact with other researchers and promote your work.
- Understand the current publishing landscape, including subscription-



Iberto Briganti, MD; Maria Carmen Mir, MD; Christina Ching, MD; and Emily Zabor, DrPH



Friday, May 3 | 4-6 p.m. | Room 213

based versus open access journals, the implications of artificial intelligence in the publishing process, how to get good work funded, the importance of a cascade transfer system in a family of journals, peer review models and more. Joining Dr. Siemens will be

Dr. Alberto Briganti, editor-in-chief of *European Urology*, and editorial board members from both journals who will contribute their expertise, including Maria Carmen Mir, MD, associate editor of *European Open Science*; Christina Ching, MD, associate clinical professor at Nationwide Children's Hospital and assistant editor of *The Journal of Urology*[®]; and Emily Zabor, DrPH, associate staff biostatistician at the *Cleveland Clinic* and chief statistician at *The Journal of Urology*[®]. "It's an all-star team talking about all things urological publishing," Dr. Siemens said.

During the course, you will have the opportunity to interact with the editors. "Bring your dilemmas and your questions, whatever you're working on in your own research," Dr. Siemens said. "We're interested in seeing what you've got going." •

* Instructional courses are available to those attendees who purchase an Instructional Course Pass or Individual Course Tickets.



View more meeting coverage at AUA Daily News Online

Scan the QR code for instant access to daily articles, photos and late-breaking research from the Annual Meeting.

auadailynews.org



8

The path toward a long, happy career in urology

Young Urologists Forum addresses key to success.

eveloping long-term strategies to practice urology successfully and happily is a lesson best learned early.

That lesson is the core of this year's 2024 AUA Young Urologists Forum on Saturday, May 4, from 8:30 to 11:30 a.m. in Hemisfair Ballroom 2.



Seth A. Cohen, MD

This year's theme, "Cultivating Passion for Urology: Ensuring Job Satisfaction for the Future," will delve into topics designed to help early-career urologists navigate a long, successful practice, including job transitions, workforce changes and sustaining long-term passion for the profession. Seth A. Cohen, MD, a urologist at City of Hope Orange County in Irvine, California, and Carmen Tong, DO, a pediatric urologist at Children's of Alabama and the University of Alabama at Birmingham, will co-moderate the forum.

"Urology has taken on the unfortunate moniker of being a high-stress specialty and having a fair amount of burnout," Dr. Cohen said. "Being a young urology-facing group, we want to mitigate this and prevent it as best we can. We like to arm our audience with tools they can take into the future that will allow them to practice with health and satisfaction, successfully for decades."

According to Dr. Cohen, high levels of stress and burnout in the specialty are associated with an aging population and a shortage of urologists, often resulting in long days and an increase in duties during on-call shifts, as well as challenges in electronic medical records and billing requirements and documentation.

The forum will offer attendees tools to reduce "obstacles and challenges early in your career so it doesn't define your career," Dr. Cohen said. Dr. Cohen's best advice to early-career urologists? Learning coping mechanisms to allow the obstacles and challenges in the arc of a career to "come as they may" and being able to navigate those and continue to successfully treat patients. Similarly, he encourages young urologists to avoid letting the day-to-day stressors alter or limit their ability to find passion in treating people and finding joy in their purpose. "Have avenues during your day-today life that fuel the validations of this very hard work and invigorate you enough to get up the next morning and do it again for another 16 hours," he said.

The forum also will feature three dynamic speakers who will share their thoughts and experiences. They include Jennifer Miles-Thomas, MD, AUA treasurer-elect and CEO of Urology of Virginia in Charlottesville; Phillip Pierorazio, MD, section chief of urology at Penn Presbyterian Medical Center in Philadelphia; and Alexander Kutikov, MD, FACS, chair of the department of urology at Fox Chase Cancer Center in Philadelphia.

As a continuation to this year's Young Urologists Forum, the AUA will feature the new "Peer-to-Peer Discussions: Defining Your Personal Plan in Urology." The segment will host small, roundtable discussions to explore various topics of interest in an informal and candid format. Topics include defining your purpose and mission, interpersonal dynamics (like communication and personality styles), career management and advancement, self-care and physical health and academic publishing. Each table will be led by a moderator who is also a subject matter expert.

In addition, the forum, which includes breakfast, will honor the 2024 AUA Young Urologist of the Year.

"We want young urologists to walk away inspired and hopefully have some wisdom imparted to them about tools they can use for the future that will allow them to maintain their job satisfaction for a long, long time," Dr. Cohen said. •

Young Urologists Forum *Saturday, May 4* 8:30-11:30 a.m. Hemisfair Ballroom 2



Scan the QR code to view the AUA Annual Meeting Photo Gallery auadailynews.org/photo-gallery

DON'T MISS THESE NETWORKING EVENTS

FRIDAY

Networking Hour Friday, May 3 | 2-4 p.m. Science & Technology Hall

SATURDAY



Science & Technology Hall

Network with colleagues and explore the educational opportunities offered in The Science & Technology Hall. At this popular networking event you can also experience the culinary tastes of San Antonio and explore more than 300 exhibits featured in the Science & Technology Hall. Don't miss it!

SUNDAY Networking Hour Sunday, May 5 | 2-4 p.m. Science & Technology Hall

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Patient Case-Based Learning: Clinical **Title:** Management of Certain Patients With VHL Disease

Learning objectives:

• Understand von Hippel-Lindau (VHL) disease through a hypothetical patient case

• Review clinical data on a management option for certain patients with VHL disease

• Discuss monitoring and management of potential adverse reactions through a patient case

A Treatment Option for Certain Patients With **Title:** Renal Cell Carcinoma in the Adjuvant Setting

Learning objectives:

• Review renal cell carcinoma (RCC)

• Understand clinical data supporting a treatment option for certain patients with RCC in adjuvant treatment setting

• Understand how to monitor and manage potential adverse reactions associated with this treatment option

Saturday, May 4, 2024

10:15 AM - 11:00 AM CT Henry B. González Convention Center S&T Hall, Booth #1159

Speaker: Brian Shuch, MD

Sunday, May 5, 2024 12:00 PM -12:45 PM CT Henry B. González Convention Center S&T Hall, Booth #1159

Speaker: Vahan Kassabian, MD

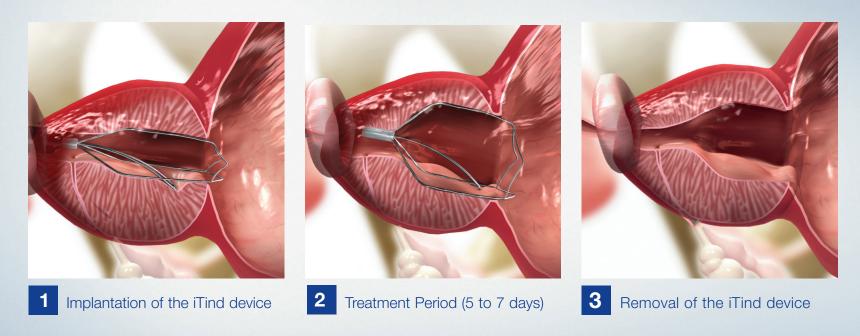
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iTind Tech Talk | Booth 1733 Friday, May 3 | 11:00 AM - 11:25 AM

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- 1. Amparore D, Fiori C, Valerio M, et al. 3-Year results following treatment with the second generation of the temporary implantable nitinol device in men with LUTS secondary to benign prostatic obstruction. Prostate Cancer Prostatic Dis. 2021.
- 2. Chughtai B, Elterman D, Shore N, et al. The iTind Temporarily Implanted Nitinol Device for the Treatment of Lower Urinary Tract Symptoms Secondary to Benign Prostatic Hyperplasia: A Multicenter, Randomized, Controlled Trial. Urology. 2020.



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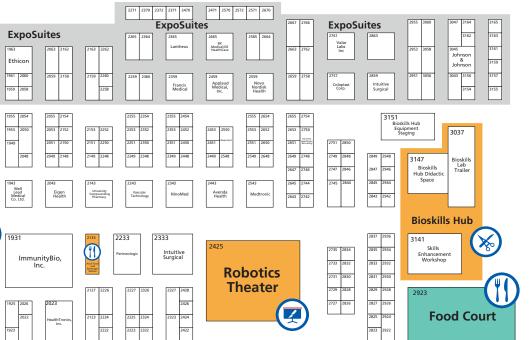
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QUESTION OF THE DAY What are you most looking

forward to at AUA2024?

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The best part of urology is the people, and that sentiment carries over to the AUA Annual Meeting! I am most excited to reconnect with my friends and mentors from across the country, while forming new connections with urologists who are making remarkable contributions



to clinical practice, research and health policy. I look forward to engaging with my medical student peers to seek feedback that informs our educational offerings within AUA Publications. Finally, I can't wait to attend the Young Urologists Forum, which always offers an enjoyable and educational discussion.

Yash Shah, BS Sidney Kimmel Medical College, Thomas Jefferson University Philadelphia, Pennsylvania

If my chairman asked me what I am most looking forward to at AUA2024, I would say learning about innovations in pediatric urology at the Societies of Pediatric Urology Annual Meeting on Saturday or catching up on developments in medical education



research at multiple poster and podium sessions. If my residents asked me, I would say supporting them at their presentations and cheering on the New York Section at the Chief Resident Debate and Residents Bowl. Ultimately, I am very much looking forward to all of the above and am extremely proud of the work my residents have done! However, what I am most looking forward to is catching up with urology friends and mentors who I see far too infrequently.

> Michael Ernst, MD Stony Brook University Hospital Stony Brook, New York

I am most looking forward to my (Cleveland Clinic) residency reception at AUA2024. Residency was a deeply transformative experience for me; I came in barely knowing how to write for Tylenol and came out a skilled surgeon. Residency reception is a time



to see the attendings and co-residents who guided and believed in me during this time of intense growth (even on the days when I questioned if I belonged in the "urology club"). It's always fun see where life has taken each of us, hear about families, hobbies and reminisce about the old stomping grounds.

> Mary Samplaski, MD University of Southern California Los Angeles, California

Residents Bowl emcee Gary Faerber, MD, looks back on more than a decade of fun and challenges.

Taking a final bow

ince it first debuted in 2012, the Residents Bowl has become a popular and beloved tradition every year at the AUA Annual Meeting as teams vie for the top spot and the bragging rights that come with it.

Each year the competition has been led by AUA's own ringmaster, Gary Faerber, MD, FACS, of the Duke University School of Medicine's division of urology. Dr. Faerber will be stepping down as emcee after this year's competition, but before he leaves, *AUA Daily News* asked him to take a few moments to reflect on more than a decade of tough questions, competitive teams and good times.

You've been with the Residents Bowl since the beginning. How did that relationship begin? Dr. Faerber: I had been

running the Residents Bowl in my home Section, the North Central Section, for several years. Dennis Pessis, MD, who was the incoming AUA president, was a fellow North Central Section board member during this time. He really was responsible for taking the Residents Bowl national, so to speak. He and Gopal Badlani, MD, FACS, FRCS, who was the AUA secretary, asked if I would be interested in creating the AUA Residents Bowl. Of course I was very flattered, honored and a bit intimidated.

How has the Bowl evolved since it first started?

There have been some exciting changes over the years. One is that we invite foreign residents to join each Section team to offer a bit of international flavor to the event.

We have also instituted audience response during the semifinal games. A question is posed, and the audience can respond with an answer. The resident team can either agree with the audience or answer differently. This is always really entertaining.

During the championship, we track the number of residents from each representative Section who participated in a skills challenge at one of our sponsor exhibits. The Section with the most resident participants gets points added to their team's score. Each team has a team name; based on voting, the team with the best name also gets points. Finally, we also added a "phone-a-chair," our version of "phone-a-friend." Teams in the championship game can reach out to a volunteer chair in urology to help them answer a question. Kurt McCammon, MD, FACS, FPMRS, professor of urology and Devine Chair in Genitourinary Reconstructive Surgery at Eastern Virginia Medical School, has been our chair for the last several years, and he is great!



What has it meant to you to be part of the Residents Bowl over the years?

I have had a lot of people say I missed my true calling, that I should have quit urology to instead be a game show host. But running the Residents Bowl wouldn't be possible without the judges at the event who help with scoring and adjudicating certain questions. And, of course, the AUA team that supports the Residents Bowl is fantastic.

What made you decide to step down as emcee after all these years?

I don't know if there was one thing that made me decide. I've been working with Brad Schwartz, DO, professor and the Frank and Linda Vala Endowed Chairman of Urology at Southern Illinois University School of Medicine, who's been kind enough to help organize and guest emcee the last couple of years. Seeing his dedication and energy and commitment to the game, I felt the time was right.

O by you have any words of wisdom or advice to pass along to the future emcee or future participants in the Bowl?

I'm not sure I have any, other than to say that I hope the AUA will be as supportive of the Residents Bowl as they have over all these years. I hope the residents find it fun, the audience finds it entertaining and the emcee takes it to yet another level of entertainment.



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