

Medical Treatment Options for Pediatric Chronic Rhinosinusitis

Treatment Option	AAO-HNSF Consensus Statement 2014 ¹⁰	EPOS Statement 2020 ¹¹
Oral antibiotics	20 days of culture-directed antibiotics	No high-level evidence to support short- or long-term course of antibiotics
Nasal steroid spray	Recommended—beneficial	No evidence, supportive, excellent safety record
Saline irrigations	Recommended—beneficial	No evidence, supportive, excellent safety record
Leukotriene modulators	Can use if treatment (tx) concomitant with allergic rhinitis/asthma management	Can use if tx concomitant with allergic rhinitis/asthma management
Oral steroids	Not recommended for long-term use	Effective, but there are safety concerns
Oral antihistamines	Can use if tx concomitant with allergic rhinitis	Can use if tx concomitant with allergic rhinitis