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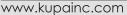




















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Nail products inspired by Pantone's 2018 Color of the Year.

Healing the Cracks nailpro.com/heel-fissures

Treat heel fissures with a waterless pedicure service.

Software Solutions nailpro.com/5-ways-business-software-can-help-salon

The business software programs that can help you run your salon more smoothly.



Learn to sculpt Japanese-style 3-D Valentine's Day nails.



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Turn on Your **Heart Light**

've always loved Valentine's Day. Even before I was married, I relished in the possibility of romance on February 14. Perhaps it's the hopeless romantic in me, but I've always been convinced that there is some extra magic on that day. where secret admirers would suddenly bare their soul or new relationships would blossom into something more. Of course, that also brought some high highs (getting ready for a day

ripe with possibility) and low lows (ending the day alone without someone arriving on my doorstep with a dozen roses). Despite the emotional rollercoaster that would

> often accompany Cupid, I always looked forward to it. Even now, when I can count on my Valentine's Day admirer. I still believe in making that particular day special. Because the truth is, in the midst of our busy lives, it's sometimes hard to remember to tell the people around us that we love them,

and this is the perfect reminder to do so. This month we've dedicated our issue to Valentine's Day. Sure, there are those who hate the holiday—calling it a money grab for Hallmark and florists-but I prefer to look at it as a chance to make people feel good. After all, even the most pessimistic like

to smile once and a while. It doesn't have to be solely about romantic love either. Rather, it can be an opportunity to thank your clients, give the couples among them a unique experience or simply remember to tell the people around you how much they mean to you. Take the opportunity to prove the cynics wrong and give the optimists the bit of joy they were hoping for.

Valentine's Day is the perfect salon occasion; after all, what better way to boost sales than through special services, gifting options and nail art additions? In "Couple Up" (page 48) we provide five ways for you to encourage couples to celebrate with great salon services and potentially capture some new business as well. Then, in "Coming Up Roses" on page 54, we share some beautiful rose-inspired nail art provided by our friends at Nailholic, a monthly nail magazine published in Korea. And if nail art isn't your thing, we also have loads of rose-themed products that you can incorporate into your services as well as retail areas. And finally, it wouldn't be Valentine's Day if we didn't talk about falling in love ... with nails, that is! Flip to page 62 to read how and why these nail techs fell in love with this business in "For the Love of Nails."

I hope that Cupid pays you all a visit this year because, as the Beatles said, "All you need is love."

Stephanie

Stephanie Yaggy Lavery NAILPRO Executive Editor slavery@creativeage.com



My Manicure

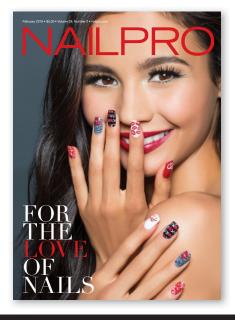
For this Valentine's Day issue, I decided to pull out an oldie but a goodie. This heart French design (which was created over a hard gel overlav) was hand-painted by the super-talented Amie Morimoto. I love the combo of detailed line work with the simple hearts and, of course, all that bling! This set is still one of my all-time favorites.

Behind the Nail Pros

NAILPRO-and it was such an incredible pleasure to have her back! Yvette is very much a proponent of featuring salon-friendly looks on the cover from time to time, so she brought us her take on Valentine's Day nails using a stamping technique. Quick, easy and super sweet!







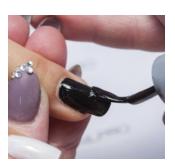
THE MAKING OF OUR COVER

AMIDST THE COMPLIMENTS WE RECEIVE on the NAILPRO covers. there's always one comment that pops up from time to time: "Love the covers, but would really like to see some salon nails, too." You ask, and we answer—with this fabulously flirty Valentine's Day set, perfect for the salon, courtesy of LeChat international educator Yvette Holt. For this February cover, Holt opted for traditional salon techniques: a swift extension and overlay followed by stamped art, a must for those on a time clock. While stamping does take a little practice to become proficient, it's not an extensive learning curve and, once mastered, it allows techs to create detailed nail art in a flash. Read on to see how Holt created these nails, and don't forget to check out the full video of the process at nailpro.com/videos/behind-the-cover.

CREATING THE COVER NAILS

"As a working manicurist. I love using the stamping technique because you're able to do beautiful nail art very quickly."

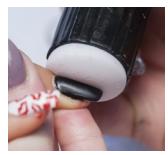
-Yvette Holt



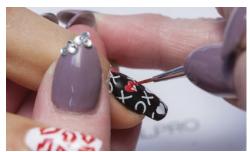
Holt began by prepping the model's nail, then applied two coats of black nail polish.



She decided to stamp the design in white so that it would stand out against the black lacquer.



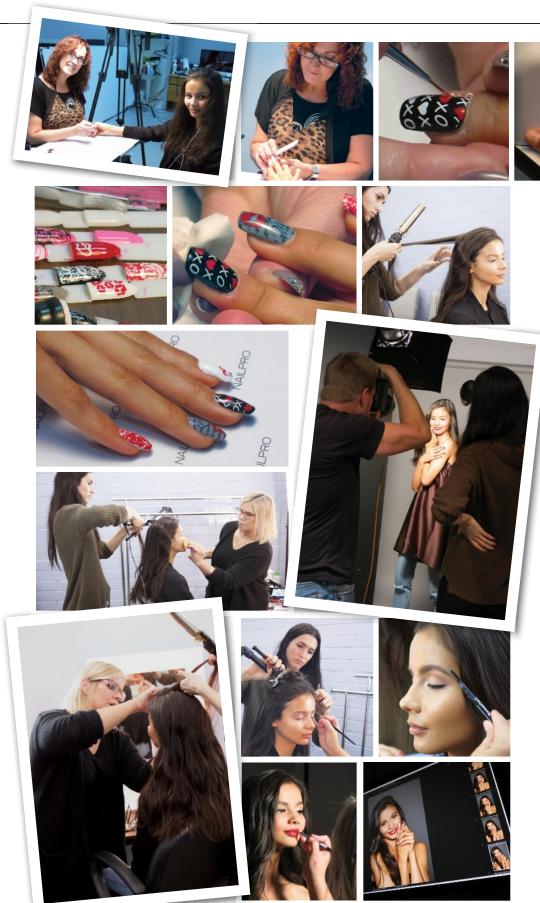
3 After picking up the wet polish from the stamping plate, she quickly rolled the stamped design across the nail.



Using a detail brush, Holt filled in the hearts with red nail polish.



Once the nails were completely dry, she floated a layer of top coat over the nails, using care not to smear the designs. Then she removed the excess polish on the skin, and the nails were complete.







Nails Yvette Holt



Photography Cory Sorensen



Makeup Camille Clark



Hair Hailey Adickes

Calling

Ten LeChat nail artists from around the globe traveled to Shanghai for the 2017 Victoria's Secret Fashion Show last November. The talented team, with members hailing from the United States, Ukraine, Mexico, Taiwan and the United Arab Emirates, prepped models' natural nails for the show using two Dare to Wear shades: Pink Ribbon, a sheer salmon hue, and Pisco Sour, a pearlescent shimmer, "Working backstage helped me learn how to be both quick and efficient," says LeChat nail artist Yvett Garcia. "It was an honor to be in a room with so many talented people and see how much work goes into

getting models ready for the runway."

Nail artist Yvett Garcia (second from left) with the LeChat team backstage at the 2017 Victoria's Secret Fashion Show.



PURPLE REIGN

Techs, it's officially time to update your polish collection: Global color authority Pantone has named Ultra Violet as the Color of the Year for 2018. A dramatic shift from last year's Greenery shade, the deep blue-based purple promises to add an air of mystery and intrigue to your manicure and pedicure services. Leatrice Eiseman, executive director for the Pantone Color Institute, says the color represents inventiveness and imagination, adding, "From exploring new technologies and the greater galaxy to artistic expression and spiritual reflection, intuitive Ultra Violet lights the way for what is yet to come."



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#1 SALON BRAND WORLDWIDI

Insta-Polish

Ever dream of creating your own nail lacquer? Your polish fantasies can now be a reality thanks to the new Alex | Tay app. Launched in November 2017, this innovative app allows users to create customized polish shades using their smartphones. "It's really easy: Snap a picture, tap a color and name your nail polish," says Paul Wolff, CEO and founder of Alex | Tay. "We take the color and generate the formula to support that color data, then we mix, fill and label each unique polish bottle." The custom nail color system gives both nail professionals and clients the chance to personalize their manicure services. Here, Wolff explains how this user-friendly app will help boost business in the salon.

NAILPRO: What makes Alex | Tay such a game-changer for the industry?

Paul Wolff: There is a large global market for nail polish users who are constantly online or on their smartphones. We felt that a market where color defined by others (i.e., fashion designers, cosmetic companies, etc.) was ripe for distribution through a customized technology, especially if it were simple, cost competitive and something that could be designed and received in under a week.

NP: How can this app benefit nail professionals?

PW: With the Alex | Tay platform, the salon owner and the individual technician have the ability to create their own colors and polish names. We can even create a cobranded label for salons—no minimum quantity or set-up fees required (think: your salon's own seasonal color collections!). Additionally, customers who use their salon's promo code to get their own polishes will generate additional revenue for that salon. It takes retail opportunities to the next level.

NP: Are there any colors that users cannot create on the app?

PW: Currently, the app supports approximately 15 million colors, the same digital colors supported on smartphones and computers. This year we hope to add pearlescent, holographic and glitter hues to increase available color choices to approximately 90 million polish options.

The Alex | Tay app is available for both iOS and Android. For more information, go to alexandtay.com.

ON DISPLAY

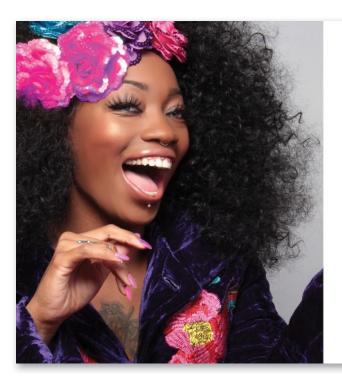
DJ Alice Longyu Gao enlisted nail artist Mei Kawajiri to create custom designs at her art exhibit in December 2017. Held at the Freehand Hotel in Miami during Art Basel Miami Beach, a weeklong showcase of modern and contemporary art. Pericura. Gao's interactive art installation, gave attendees the chance to experience Japanese beauty trends firsthand with makeovers, braided hairstyles and manicures. For the event, Kawajiri crafted colorful nail art looks for attendees using CND shades.



Nail artist Mei Kawajiri created customized Japanese nail art for the Pericura installation held during Miami Beach Art Basel.



DJ Alice Longyu Gao's signature Harajuku style served as the theme for her interactive beauty installation.





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Nicole Jackson Blake Austin College Beauty Academy Walnut Creek, CA

Break

The Beauty Changes Lives Foundation (BCL) awarded five cosmetology students with the Fall 2017 BCL CND Tippi Hedren Scholarship last December. Through funding by San Diego-based manufacturer CND, the scholarship, established in 2014 to honor the efforts of actress, humanitarian and nail industry pioneer Tippi Hedren, provides \$2.570 paid tuition to students enrolled in a professional nail education program. To be considered, applicants were asked to submit an essay and an inspiration board addressing how the scholarship would impact their lives. The BCL team then hand-selected submissions that best demonstrated a passion for a career in the beauty industry. Congratulations to this year's recipients!



Corinne Pelzl Creative Images Institute of Cosmetology Yellow Springs, OH



LaTasha Allen L'Esprit Academy Ferndale, MI

Share the Love '



VALENTINE'S DAY is a holiday practically made for nail pros, between the adorable nail art and retail opportunities. Here, techs reveal how they make Valentine's Day special in the salon.

- "I love pink and red, so I tell my ladies to do their nail-art homework and test my abilities."
- —April Lynn Johnson, nail technician at Fabulous Nails at The Total Look in Emmitsburg, MD
- "I get in the spirit by serving chocolate-covered strawberries and pretzels, along with sparkling cider."
- -Evangelina Jenkins, owner of Extraordinary Nails by Eva in Bellevue, NE
- "As an extra touch, I offer clients complimentary hand-painted hearts or glitter on their nails."
- -Hope Jung, nail technician at Studio 890 Salon & Spa in Brookfield, WI
- "For February, my mani-pedi services include a rose-petal foot soak plus vanilla- and rose-scented mask, scrub and lotion." —Lisa Hoffer, nail technician at Somethin' 2 Talk About Salon in Pensacola, FL
- "I add rose petals to the water and serve champagne. This year I'm also offering a couples' foot massage series." —Stephanie Shelton, nail technician at Fire Salon & Spa in Burlington, NC
- "A little bag of chocolates goes a long way to making people happy!" —Katie Lee, Young Nails education coordinator and technician at Nail Kreations by Katie Lee, based in Orange, CA 🗳

Taylor Foley is a Los Angeles-based freelance writer.



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PORTFOLIO



Take a look at what NAILPRO readers are creating! From acrylics to gels to paints, they've done it all. Submit your own original nail art and share it with your fellow techs.



Kimberly Manzano • Cibara Salon @kimberlys_nails • Ventura, CA



Amy King @amykinsnailart • Fredericton, NB, Canada



Julia Manstan • Pimp My Nails @jewels1993 • Labrador City, NL, Canada



Le Velimirovi @lenailtech • Ottawa, ON, Canada



Jasmine Torres @jasminetorresnails • Riverview, FL



Jimmy K. Nguyen • Stash House AZ @buddhasnails • Phoenix, AZ



Mary Nguyen • Soul Scissors Studio @nailedbymary • Lodi, CA 🕯

If you'd like to submit your own nail art for NAILPRO's Portfolio, send an email to snunez@creativeage.com that includes your name, salon, city and state along with your highresolution photos. By emailing your photos, you grant Creative Age Publications the right to use any of your submitted images in NAILPRO magazine, corresponding electronic media and/or marketing materials without any compensation. In addition, you grant Creative Age Publications the right to these images for future use without any compensation due.



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The message was loud and clear from the catwalks: Athleisure is here to stay. But even though the clothes OFF THE TRACK

pushed comfort to a certain degree, the style quotient went above and beyond typical workout gear. Sportif at Versus Versace read as structured, oversized quilted crop tops, a long expanse of taut abs and low-slung track pants with shimmering sateen running stripes. In fact, the track pant dominated the season's sporty-chic set: At Marc Jacobs, it harkened back to the Adidas-heavy early days of rap duo Run-DMC; at Les Copains, it looked ready for a military march; at Gucci, it completed a leisure suit perfect for a Wes Anderson movie. The most flamboyant and boundary pushing of the bunch, a sequined tracksuit at Ashish, signaled how athleisure is viewed through the lens of high fashion: to be worn without ever lifting a weight, holding a warrior pose or breaking a sweat. That's not the case for sportif nail art: These designs are as much at home in the locker room as they are on the streets. To translate this trend to fit bits on nails, take your inspiration from track pants' racing stripes, like guest artist Gina Edwards. She pumps up her designs with smart line art-even adding in a bit of texture via glitter and mylar for



Gina Edwards is a session nail artist based in New York City. Her work can be seen in top-tier fashion magazines and luxury brand ad campaigns.



Inspired by Ashish



Inspired by Gucci









Karie L. Frost is a New York City-based freelance writer with a proclivity for all things beauty and fitness.







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How to apply forms to three of the more challenging types of nails.

o create a natural-looking and durable set of sculptured nails, using a form is essential-and getting the right fit is crucial. "Perfecting your form-fitting technique will mean the difference between a structurally strong nail that will last until the next fill and having a little groove in the side of the nail," says Cheralyn Phaneuf, an educator for Indigo Nails in Campbell River, British Columbia, Canada. "If the form is not properly fit, the nail will grow out and that groove will become a weak point and break under pressure or get caught in the client's hair or clothes-and if the client is a picker, she will likely pick away at that spot until it breaks."

Getting that flawless fit can sometimes be exasperating, especially when dealing with "imperfect" nail shapes. "A lot of technicians have trouble fitting forms properly because clients' nail shapes and fingers are all so different, and the round shape of the form opening doesn't always match up to the client's nail," notes Los Angeles-based nail artist and Young Nails senior mentor Sabella Snyder. That's why it's often necessary to custom-fit the forms according to clients' natural nail shapes. "Forms should fit nice and tight to avoid slipping, and there shouldn't be any gaps," says Phaneuf. "If the sides are properly placed, the middle line on the form should be at the middle of the nail."

IN TOP FORM

Greg Salo, president of Young Nails and master form-fitter, offers his expert tips for working with forms.

- Always begin by looking at the center of the free edge to see if the form is connecting underneath. For me, this is the most important part.
- I like to connect my forms before putting them on the client's finger; this way, it's easier to work with the convex shape of the form.
- Keep a sharp set of small scissors on hand to easily adjust forms for any shape nail.
 - For more of Greg's tips and tricks, visit youtube.com/youngnailsinc.



If your form isn't fitting perfectly, take a look at the shape of the client's nail bed, as well as at the hyponychium (where the skin of the finger and underside of the nail's free edge meet). Then, grab some scissors or nippers (Phaneuf especially likes curved

eyebrow grooming scissors) and trim the form to fit. Here, Snyder prescribes simple strategies for tailoring your forms to fit square nail beds, wide nail beds and nails with an extended hyponychium.

Square Nail Beds

When clients have square nail beds, the biggest challenge is ensuring that the center of the form is as secure as the corners. "Especially if the client is a nail-biter-more than likely she has bitten off her hyponychium-the center of the nail will need the most support when creating an extension on a square nail bed," notes Snyder. "You want to create that same square edge to go up to the nail, so that there aren't any gaps."



Remove the center insert from the form. Then, cut across the insert to create a straight edge.



Once it's cut, reapply the center insert with the sticky side up, right above the opening.



Place the form on the finger, making sure it's straight and secure.



Extended Hyponychium

Clients with long nail beds often dread form application because of their extended hyponychium. For these clients, forms may feel tight or even painful—but cutting a small "V" can help to eliminate any discomfort. "The higher the hyponychium, the deeper the cut will need to be," says Snyder. "It all depends on the client - some will have an extended hyponychium, but not as much as others. Some even extend past the fingertip, and in that case, you would want to make the cut even deeper."



Take out the center of the form and reapply it at the base of the form, sticky side up.



2 Use nippers or street see. I a small "V" up to the very first line of Use nippers or small scissors to cut the form, depending on how extended the hyponychium is.



Apply the form to the finger, making sure that the entire free edge of the nail is touching the form, paying close attention to the center of the nail. (If the "V" is too deep, there will be a visible space.)









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Wide Nail Beds

The secret to applying extensions to wide nail beds-particularly thumbs or even toenails—is using two forms instead of one. "If you get a really wide toe or thumb, a regular form won't work, so it's just easier to put two together for that one nail that happens to be extra wide," Snyder says.



Take two forms, then cut three lines to the left of the center of one form, and three lines to the right of the center of the other form.



Line up the right form to the main center line of the left form.



Pop out the centers of both forms and place them on the back of the double form, sticky side up, to help ensure that the forms do not come apart.



Separate the top tabs and cut off the jagged pieces on the base of the opening to create a smooth, straight line.



5 Apply the new double form to the finger, making sure that the entire free edge of the nail is touching the form.



CHROME EFFECTS





Ask **Maisie**

Maisie Dunbar, nail tech, mentor, motivational speaker and owner of The Maisie Dunbar Global Experience in Silver Spring, Maryland, joins NAILPRO for the next three months to provide you with advice and answers to *your* nail questions.

Have a question for Maisie? Email it to nailpro@creativeage.com.

Do you have any advice about building your brand from the ground up? I've started a mobile business in hopes of having my own salon down the line.

-@queenraexo, via Instagram

To build your brand, you have to be true to who you are. We live in a day and age where it's easy to look at someone else [on social media] and see how they're doing things and want to try what they're doing. But often, what you see is not the entire picture; you never know the sacrifices they've had to make. However, if you stay true to yourself and your own personal vision, and if you exercise a no-compromise way of leadership, your brand will be fine. When it comes to branching out your business, just a word of caution: While I'm not against a mobile business—it's a great business model for those who prefer to have treatments at home-I think that nail pros often don't charge enough for the luxury they extend to their guest. Be mindful of this as you expand your business.

I'm working my way from the corporate world to a fulltime nail technician. Do you have any advise on making the transition? —@mobilenaillounge, via Instagram The best advice I can share when transitioning from corporate to the nail industry is to set a timeline for yourself; decide now when you will go full-time as a nail professional. After all, if you do anything part-time, you'll only achieve part-time results. Then, use your time to prepare. Get

to know the market, and decide what kind of guest you want to serve. Use your corporate coworkers to help refer other likeminded people to your new business. Lastly, be intentional and committed for the long haul; accept that failure is not an option.

With so many nail pros on Instagram, it's hard not to compare my work to others. Do you have any advice for staying motivated? —Sarah Chaldress, via email You stay motivated by working on being the best you can be. Remember, your clients come to you and refer business to you, not your competition. Instagram can be very overwhelming; it's easy to compare yourself to others. Instead, look at yourself in the mirror and make affirmations about being the best. If you find that Instagram is affecting your motivation, just go on to post your work and leave; don't spend so much time looking at others. Be you!

What's your best advice for keeping your salon staff motivated and enthusiastic? - Michelle Nguyen, via email

My best advice is to keep yourself enthusiastic and motivated; that spirit and drive is contagious. It's also Important to have a leadership approach of honesty, and reward your rock stars handsomely. Do not expect your staff to do what you're not willing to do yourself. Be grateful for the smallest things that your team does, and always work together.

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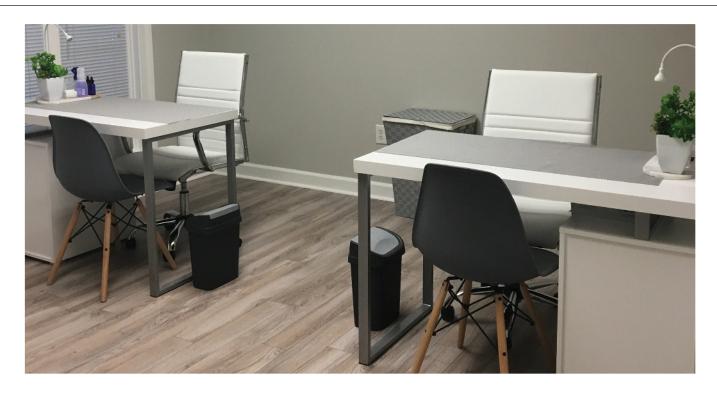
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DISTINCTIO

The main characteristic of Waterless Medi-Pedi & Nail Spa is right in our name—we want our clients to know when they make an appointment that we are a waterless salon. This means that we do not include soaking in any of our treatments or services. We do this to prevent any kind of contamination, eliminate the risk

of waterborne pathogens, and maintain our standards of care for high-risk and regular clients alike. Since we are the first Nailcare Academy Certified Safe Salon in the Atlanta area, we only employ technicians who have obtained advanced certifications; their continuing education ensures the wellness and safety of our clients, especially those who require special attention.

For the decor, we aimed to create a modern, cozy spa environment. Clients can recline in our pedicure chairs during a service, and polishes are served on trays instead of shelved on the wall to keep the space clean and chic. Our color scheme features shades of blue, gray and white to make clients feel welcome

and relaxed. Creating a "no rush" atmosphere is something that is very important to us.

Our clients range from recent college graduates to older individuals suffering from a chronic illness, such as diabetes or an autoimmune disease. We also cater to young adults, mothers and career-focused women.

Waterless Medi-Pedi & Nail Spa

Owner Letisha Royster **Year Opened** 2016

Address 800 Old Roswell Lakes Pkwy.,

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Phone Number 470.292.3038

Hours of Operation Tue., 4:30 p.m. - 7:30 p.m.; Thu. - Fri., 2:30 p.m. - 7:30 p.m.; Sat., 10:30 a.m. - 6:30 p.m.; Sun. -

Mon., closed

Website waterlessmedipedispa.com







We offer a range of services, including manicures, pedicures and toenail restoration, but our most popular service is a spa gel manicure and pedicure combo. which costs \$95 and lasts about an hour. Many clients are curious to see what "waterless" is all about. After receiving a service, they are surprised by how nourished their skin is. They also appreciate the long-lasting polishes, vegan products and our cleanliness.

PHOTOS: COURTESY OF WATERLESS MEDI-PEDI & NAIL





I chose to use vegan products because we are all about wellness, health and conscious living. We're an eco-friendly salon, and we do treat a lot of highrisk clients who require special treatments, such as diabetic toenail restoration. By using products that do not contain high levels of chemicals, we can treat a wider range of clients. Our vegan products include Zoya, BeBio, BioSeaweed Gel, Voesh and LCN.

We use Facebook and Instagram equally to promote ourselves. Facebook usually garners more of a response, since people are able to have a conversation about what a waterless spa entails. We're still relatively new, and the waterless concept is unfamiliar to a lot of people, so being creative on Facebook has helped us build our clientele.

PRAISE

A client said, "You have given me hope in finding a trusted salon where I feel safe, cared for and relaxed, not to mention feeling beautiful. I never would have thought a waterless salon was for me." I was touched by this compliment because we work so hard to provide great services for our community, and to hear a client appreciate that work is very heartwarming.

Know what your salon values, and stick by those values. Know exactly who you want to sit in your chair, learn how to speak to her and show her why she matters so that she comes back. Be patient, open to change and always willing to learn new things, as well as refresh skills you've already acquired. It's not always easy, but enjoy the process and deliver results that will be remembered.









Written By Karie L. Frost

ebruary is a time for love - and it's also a time to pump much-needed revenue back into your nail business. "January tends to be pretty slow for nail salons because many consumers are still experiencing a 'holiday hangover,'" says Carla Hatler, owner of Lacquer, with two locations in Austin, Texas. However, come February, Valentine's Day presents a perfect excuse for clients to once again open up their wallets, plus expansive opportunities to target both men and women, oftentimes together. "It's a wonderful way to attract new clients who might not regularly visit a nail salon, but will for a special occasion," says Somer Adams, owner of Labella Salon in Glastonbury, Connecticut. So how can you get clients to swoon over your services this Valentine's Day? Let's count the ways.



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Share the Love

Don't limit yourself to just one kind of couple; instead, think broadly with your message, advises Katy Hancock, owner of Sugar N Spice Nail Salon in West Valley City, Utah, and author of Start to Success: A Nail Technician's Guide to the Industry. "There are as many different couples, lovers and types of love as there are people, so use universal, relatable key words and terms, like 'quality,' 'deserve,' 'loved one' and 'someone special," she explains. Further, you can promote Valentine's Day services in unexpected ways. For instance, rather than simply listing promotions on social media, "do a weekly post, such as fun facts about the benefits of eating chocolate during a pedicure treatment or why hard-working hands need TLC, too," suggests Hancock.

While your messaging may be broad, you still have a real opportunity to pinpoint the exact audience you want to reach with targeted Facebook and Instagram advertisements—a major boon for pulling in potential male clients, says Kayla Bramlet, manager of Frenchies Modern Nail Care in Littleton, Colorado. You can also offer Valentine's Day promotions on social media to local men's groups or men in relationships within a certain distance from your salon. "This tactic has worked well for our owner, Guy Coffey," notes Bramlet, who says that Coffey hand-delivers purchased gift cards as an added touch. "It's really grassroots, but it's been a big hit."

Court Clients Early

Be strategic in your Valentine's Day marketing rollout. "Thirty days in advance, we remind regular guests that they need to prebook their appointments the week of Valentine's Day so that our schedules are filled," says Ryan McEnaney, owner of Frenchies Modern Nail Care in Woodbury, Minnesota. "Then, as the day approaches, we switch our strategy to gift card sales for additional revenue." This game plan ensures that your salon locks in existing guests first, so you can move on to capturing last-minute gift-givers through promoted social media posts and targeted advertising, he says.

Keep It Classy

It's easy to slide into sappy territory when dreaming up your V-Day promotions and decorations, but remember: A personal, authentic

Partnering with local businesses can sweeten the deal on securing Valentine's Day bookings especially for men who prefer shopping in one place. "Partner with a local restaurant to promote a special night out," suggests Somer Adams, owner of Labella Salon in Glastonbury, Connecticut. Clients can indulge in your salon services and then enjoy a romantic dinner, all in one discounted package.

Or, set up clients with a glamour shot package. "Connect with a florist, massage therapist, hairstylist, photographer and makeup artist, and offer group discounts for services that your clients will be looking for when wanting to look flawless and feel fantastic on Valentine's Day," says Katy Hancock, owner of Sugar N Spice Nail Salon in West Valley City, Utah. "In the end, you will cross-promote your business, save your regular clients money and attract new clients!"



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tone and stylish dressings appeal to all sexes and relationship statuses. "Don't post hearts and flowers everywhere." Hatler cautions. "Some clients loathe Valentine's Day, so you don't want to travel too far down that path." Instead, you might want to focus on more of an indulgent angle. "Make your promotions about selfcare, whether clients are giving a treat to themselves or someone they care about," Hatler notes.

Simple, chic decor will also help vou score points with your entire clientele. "We keep our studio classic and clean so that those customers not celebrating

Valentine's Day don't become overwhelmed," explains McEnaney. Then, he sections off a separate, more intimate area for couples and outfits it with two sets of manicure stations and two additional sets of pedicure benches.

This doesn't mean you have to completely conceal Cupid. Certain mood-enhancers, like candles, heighten the service experience without putting off other patrons. "We play fun, [love-themed] music videos, as well as show rom-com movies," adds Valerie Griggs. owner of the 20 Lounge franchise, with locations in California and Arizona. "This gives couples something to discuss, whether they're watching Marvin Gaye's old-school video or the movie He's Just Not That Into You."

Make It Special

When plotting your Valentine's Day menu, target both men and women in search of gifts, whether they're shopping for themselves or a loved one. For instance, if women are seeking gifts for men, include hot stone pedicures on your menu, which Hatler reports are a big hit with men. Additionally, keep your nail art options on the more minimal and chic side—this way, even patrons who skip out on Valentine's Day might be attracted to the designs. "We love promoting nail art and holiday-themed colors," says Hatler.

For couples, while manicures and pedicures should be highly

For special packages and promotions, offer just enough of a discount to attract couples without undercutting your services too much.

promoted offerings, you'll want to pair them with add-ons like reflexology or a special hand or foot mask, as well asthe clincher—a gratis signature drink, says Adams. "Honestly, even the most macho man will be hooked," she saysand hooking them, long-term, should be your goal. After all, any of your Valentine's Day specials can be continued throughout the year with some minor tweaks (think: date-night and anniversary services). So, when the couples' service commences or concludes, gently let them know your salon will take care of them for future dates.

"I always offer a special promotion for my clients' anniversaries to encourage them to come celebrate at my business," Hancock says.

Sweeten the Deal

For special packages and promotions, offer just enough of a discount to attract couples without undercutting your services too much. "We usually discount services by \$10," says Griggs. "This is enough for clients to feel as though they are getting a deal, but we aren't losing too much in revenue." McEnaney agrees, and points out that a slight discount now (plus low-cost additions, like complimentary sweets and champagne) could equal an increase in future profits.

According to both McEnaney and Hancock, men can be especially loyal. "We've seen a steady growth in men as regular clients, as well as for men's nights and date nights, due to this type of couples' experience." In other words, once you hook clients, you'll establish a relationship they'll ultimately look forward to celebrating any day of the year. "Sometimes it's not about the instant dollar, but rather, it's about getting the person in the door to try something new, and making the service so good that he or she can't wait to come back," says Hancock.

Karie L. Frost is a New York City-based freelance writer with a proclivity for all things beauty and fitness.

YING SOL

Not everyone is in a relationship—and that includes your regular and potential clients. So, you can also target the singles in your salon on Valentine's Day by promoting services through the lens of self-care. "It's a message that resonates with everyone, whether you're single or in a relationship," notes Carla Hatler, owner of Lacquer in Austin, Texas. "Especially after the holidays, everyone is looking to get back in shape, and taking care of oneself and feeling good is part of that."

Of course, you can tailor Valentine's Day promotions to singles—just be sure to employ humor, as well as play up empowerment. "The focus and marketing approach is going to be very different for this group, as some singles hate the mere idea of Valentine's Day," says Hancock. Pepper your promotions with key words like "young" and "independent," and build around the idea of self-investment and confidence, she suggests.

Singles often lean on their friends, so including friendship-aimed specials will also resonate. "We have 'Galentine's' services: Bring your best girlfriends, grab some bubbly and talk trash—all while getting your pedi on," says Valerie Griggs, owner of the 20 Lounge franchise. "It's a hit every time!" Or, spotlight your referral program with the singles set; friends share with friends, after all. "What better way to show their best gal pals that they care about them than with a referral to their amazing nail tech and favorite salon?" Hancock laughs. "It's a win-win."





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IN NAILHOLIC; PHOTOS: TAEHEON KWON, HYUNTAK LEE; EDITOR: SUN HYUN



Hand-Painted Petals



ARTIST KYONGHA KIM Director, Sontopnara Nail **Art Design Institute**

The key to capturing a realistic hand-painted design is shading. Here, nail artist Kyongha Kim uses subtly different hues of pink and green gel paint to give the illusion of a threedimensional flower and leaf. Then, to create the precise line work, she uses a Sakura Pigma Micon pen (you can find them in any office supply store), which allows you to create highly pigmented detailed designs.



Apply one coat of off-white gel polish to a prepped nail, and cure.



 $2^{\text{Paint the shape of a flower over}} \\ \text{3 of the nail with rose gel polish,}$ then cure.



• Create a marble effect at the base $ilde{ ilde{ id}}}}}}}}} } } .$ of the nail with light and dark green in the constant of gel polish to make a leaf, and cure. Apply clear gel over the entire nail, then cure.



4 Use a black Pigma pen to draw the outline of a rose on the pink background. Then apply gel top coat and cure.



Use pink gel polish to add dimension to some of the petals. Cure.



Continue shading around the Gedges of the petals with dark pink gel polish or gel paint.



Add highlights to the tips of the petals with white gel paint and cure. Apply another layer of gel top coat and cure.



 $\begin{tabular}{ll} S & Continue with the Pigma pen to \\ darken and smooth lines, and to \\ \end{tabular}$ create more detail on the petals and leaf. Finish with gel top coat, and cure.



3-D Garden Roses with Gel

ARTIST TIARA Educator, **Gracia Japan**

When creating three-dimensional designs particularly roses - on nails, artists typically reach for acrylic to do the sculpting. But with the development of innovative gel products, similar results can now be achieved with 3-D gels. Nail artist Tiara uses this medium, combined with gel polish and paint, to create a delicate rose on top of a marbled background.



Apply one coat of nude gel polish $oldsymbol{ol{ol{ol}}}}}}}}}}}}}}}}}}}$



Apply a second coat of nude gel \angle polish to the nail. Then mix redorange gel polish with gel cleanser, and use a brush to create a marble texture, then cure.



 $oldsymbol{\mathcal{Q}}$ Using the edge of a gel brush, add O dark brown gel polish to the nail, feathering out the lines to enhance the marble texture. Cure.



Encase the design with a thin layer of sculpture gel, adding gold flakes to the nail before curing. Then apply top gel and cure.



Create a circle at the tip of the nail with dark red gel polish. Cure.



Then, use white 3-D gel to create Orose petals. Begin at the outside of the circle and work toward the center.



7 Create leaves with olive green gel polish around the flower petals.



Use a detail brush to outline the O petals and leaves with white gel paint. Cure. Finish with matte gel top coat over the flower and leaf only.





SEEN IN NAILHOLIC; PHOTOS: TAEHEON KWON, HYUNTAK LEE; EDITOR: SUN HYUN

Embossed Acrylic Roses





There is something wonderful about a traditional acrylic sculpted rose—but what makes it modern is using tone-on-tone. In this case, the white acrylic flowers provide a more subtle addition to the shimmering white nail base. Perfect for a wedding or just to showcase a winter white design, this set can remain minimal or over the top depending on how much hardware is added.



Apply white gel polish to a prepped nail. Gently pat the surface of the nail with a sponge to create texture, then cure.



• Randomly dot silver glitter gel on the nail and cure. Apply gel top coat and cure.



• Begin building the rose directly on the nail plate with white acrylic. Make sure to use a fairly dry bead of acrylic so the product doesn't run.



Continue adding overlapping beads of white acrylic and molding them into flower petals using the belly and tip of the brush.



Apply silver chains, beads and Ostones around the flowers, adhering them with clear gel. Flash cure in between each addition, then cure completely.





Written by Francesca Moisin

It's February, and amour is in the air. But couples aren't the sole targets of Cupid's arrow. When it comes to love for one's profession, nail artists are an impassioned bunch. In fact, according to our 2017 NAILPRO Essentials survey, 56 percent of independent nail technicians report being "very satisfied" with their career choice. So, how did those relationships first blossom? Was it a slow burn or love at first sight? Were there bumps along the way, or were these always matches made in heaven? We spoke with a dozen industry pros about their greatest love of all: nails.



"I was 19 and working at an insurance company when a girlfriend asked if I wanted to go to nail school, and I said 'Sure!' I'd always loved polishing my own nails, but I knew nothing about the industry. To me, enhancements meant Lee Press-On Nails, which I'd seen on TV. My own first set took eight hours to complete and fell off the next day. But I took courses and began competing, and it's been an

amazing ride. Nails have taken me to incredible places around the world over the last 33 years." —Carla Collier, owner of Nail Perfect in Tehachapi, CA

"My sister was a girlie-girl who loved getting her nails done. I was the oppositeinto power tools. But, the summer before high school, I decided I wanted acrylic nails. My mom wouldn't allow it, so I mixed baking soda with crazy glue and made my own set! My relationship with nails is the same today as it was 30 years ago: As long as I'm learning, I don't get bored. That's why after success-

for 10 years, I switched to gels. Now I develop new techniques to share with fellow techs." —Amy Becker, owner of Masterworks by Amy Becker in Cedarburg, WI

fully competing with acrylics





"From early childhood, I was a nail-biter. I stopped in my late 20s and thus, my obsession with nice hands began. I started watching YouTube nail art videos; Robin Moses and other bloggers were huge catalysts in driving me to pursue this career. Since day one of nail school. I'm happy to say it's been smooth sailing. Being artistic is in my blood, and I love getting to be part of my clients' lives." —Amber Dunson, nail technician at Salon 927 in Bossier City, LA





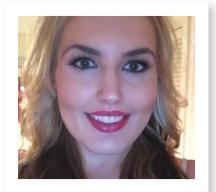


"I was 5 years old when I peeled the bubblegumpink varnish from my Barbie nail set and stuck it on my dad's fingers. That was my first experience with polish. I started cosmetology school straight out of high school, but true love for this work sparked only after being a tech for five years, at which point I had more creative freedom. It's not always easy, but I know this is a relationship built to last." —Stephanie Baptista, nail technician at The Patio Hair & Nail Design in Carmel, CA

"My mother grew beautiful nails, and I always wanted long ones like hers. She and my three older sisters taught me that a lady keeps her toes neat and clean. I was 8 years old when I started self-polishing regularly. At first, nails were a hobby and a good way to pay for college—I didn't understand it as a career until 2000, when a failing marriage and small kids at home forced me to reshape my life. Now, I'm proudly able to mentor young women entering the industry and teach them valuable business skills."

-Kristina Ann Carlson, owner of Tickled Pink Nail Boutique in Yuba City, CA





"I got my first professional manicure when I was 12 years old, and I'm still good friends with that tech. During beauty school, my passion for this industry deepened as I started doing manis for ladies at my local nursing home. I realized the impact I could have on making other people feel good."

-Amalia Gallo, nail technician at Mirbeau Inn & Spa in Plymouth, MA

"Thanks to a BFA in jewelry and metalsmithing from Rhode Island School of Design, I was able to use my creativity professionally—but my nails were always broken or raggedy, and I didn't like how my hands looked. One day, I sat down with polish and started painting skulls with crossbones and Mr. Popper's Penguins. Instantly, I was hooked. I launched a blog to document my progress. Now I do it all: layers and varying textures, heavily themed designs, cartoon characters and portraits of super-busy fashion prints." -Kelly Ornstein Zavatsky, senior nail artist at Juniper Natural Nail Bar in Seattle, WA





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"Being on a competitive gymnastics team as a kid meant I wasn't allowed to wear polish, but I remember going to my aunt's house and painting her nails. That's when I first fell in love with this craft.

Later, I worked in TV production doing hair and makeup, until one day they couldn't find a manicurist—which is how I added 'nail tech' to my title. Now, I collaborate with my daughter Phoebe on manicures for photo shoots, awards shows and New York fashion week."

-Rochelle Dingman, owner of Shear Fashion Salon in San Jose, CA

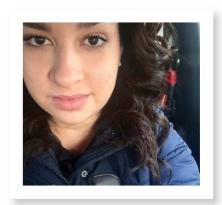


"As a child, my grandmother used to paint my nails. She had pale pink polishes and one bottle of sassy red, which I always wanted



but was never allowed to have because she said red wasn't for little girls. In my teens, I started fashioning my own polka dots and stripes, then got adventurous with glitter tips. When crazy colors became the rage, I had to have them all. Nails have made my life complete." —Deanna Stelmaschuck, owner of The Soho Studio in Fairview, AB, Canada



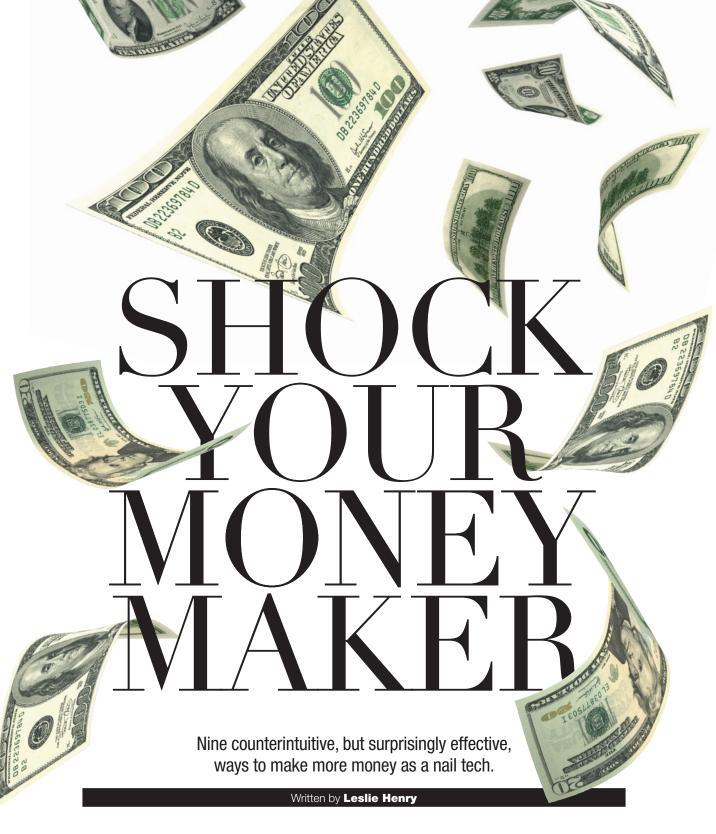


"As a tomboy growing up, I once walked by a nail salon and thought 'Who'd want to do that for a living?' Then one day, I started painting my nails on a whim, and the more I liked it, the more tutorial videos I watched online. After receiving positive feedback to images posted on Instagram, I decided to get my license. Now, there's nothing else I'd rather do full-time. Every nail is a blank canvas waiting for an artist to turn it into a masterpiece." —Jacqueline Cruz-Otero, nail technician at LifeSpa in Fort Washington, PA

"Toothpicks were the first tools I used to create nail designs of Frankenstein's head surrounded by little ghosts. That sparked a creative side I didn't know existed. Originally, I wanted to be a journalist, but as a side gig to pay for college I entered cosmetology. Before graduating beauty school, I had my first nail technician job offer. I love the sparkle in clients' eyes when they consider glitter choices or look at their freshly manicured hands as if they're made of gold." -Hannah Lippke, nail artist and corporate brand ambassador for Light Elegance, based in Bend, OR 🕯 Francesca Moisin is a journalist and memoirist based in Somerville, MA.







hen it comes to boosting your bottom line in the nail business, certain strategies may seem like no-brainers, such as learning the latest technique, taking as many appointments as your schedule will permit and upselling services. But sometimes the conventional wisdom needs to be flipped on its head, or at least approached in a slightly different way. Here, with the help of real working techs, we present nine unexpected - but incredibly effective - ways to increase your profits and grow your business.

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LIMIT YOUR **SERVICE** LIST.

There's a common misconception that offering a variety of services increases your money-earning potential. However, not all services will lead to the purported profits. For example, how much do you actually earn by offering polish changes? "They were time-wasters that didn't earn me enough money to bother with them," says Jill Wright, a Bowling Green, Kentucky-based nail tech and coordinator of the Nail Tech Event of the Smokies, who decided to eliminate that particular item from her menu. Wright explains that booking 15-minute polish changes at random times creates difficult vacancies to fill if a client cancels, which tends to happen a lot, since clients don't seem to feel as guilty about skipping a quick, inexpensive appointment that they can do at home. Unfortunately, the short, empty time slot can't be filled with a pedicure, full set or fill. "So, I had to turn down more business and lose revenue." says Wright, "Those 15-minute slots cost us big money when they add up over the course of a year!" Instead, stick to services that you do well and are relatively interchangeable timewise, so cancellations and holes won't wreck your schedule.



How techs approach booking clients is just as important as the tools used to manage schedules. "Be mindful of the language you use when scheduling appointments," says Celine Cumming, nail tech at Angel Nails in Middletown. Delaware. Never reveal that you have an entire day open and the client can have any time slot she wants (even if it's true). "Being busy implies

that you are in demand, and people gravitate toward what's in demand and are willing to pay more for it," she says. Wright agrees. She calls this approach the "fake it till you make it" strategy. Before Wright had a consistently full book, she would offer clients two appointment choices. If neither of the



two appointments worked, she would tell the client that she would add her to her waiting list and would call or text as soon as she had an opening—even if her book was completely empty. "Then I'd give it about two hours and phone the client back with the good news that an opening just occurred for the time she wanted. Clients are always thrilled and thankful." Of course, make sure that you don't overdo it and make your clients feel as though you're too busy for them! "It's a balancing act," says Cumming.



MAKE CLIENTS BOOK THEM-SELVES.

Sure, clients love your Herculean efforts to squeeze them in, and you do want to create demand, but once you have that established, it's best to leave the appointment scheduling to your clients. After all, the time required to rearrange your book and the subsequent impact on your schedule isn't worth it. Allowing clients to self-book via an online scheduling service maximizes your calendar and frees up time to generate revenue. "You'll have more hands-on time with clients and less administrative tasks to handle throughout the day." says Andrea Beight, owner of Chickettes Natural Nail Design Studio in Cleveland. Online booking services also minimize missed appointments by sending clients email and text reminders. Some services even keep credit card information on file, which means you can finally enforce your no-show and late cancellation charge policies—without feeling awkward. When booking clients on the phone or in person at the end of an appointment, be sure to enter the appointment into the electronic system to keep your schedule straight and take advantage of all of the perks the service offers.



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DON'T **EXPLAIN** PRICE INCREASES.



Charging more may seem like an obvious way to make more money, but it's a difficult task for most techs. "If I could go back to the beginning, I would never make it appear that I was uncomfortable with this," says Darlene Donovan, nail tech at Nail Creations in Derry, New Hampshire. As product, supply and rent costs rise and market demands

change, it's absolutely necessary to raise prices if you want to remain profitable over time. Simply post a printed notice at the reception desk, your nail table and by the salon sink so clients will know what to expect. That's it. "Do not apologize to anyone for running your business like a business," says Wright. "Do grocery stores apologize to us when food prices go up?" Still, there are some ways to make the practice more palatable—for instance, don't raise prices in the first quarter of the year when clients are paying off credit card balances or preparing for their tax bill. Instead, Wright recommends raising prices in late October. This is just in time for the holidays when clients want their nails looking good, so you're less likely to lose someone who feels like she can't afford to spend a bit more.



Margin, or the difference between what you charge for a service and your costs to perform the service, is a critical component of profitability that techs frequently overlook. Take a hard look at your true costs per service (CPS); often there is money being wasted before a service even gets started. As an example, Cumming points to allowing clients unlimited access to polish prior to their appointment. Well-meaning clients generally waste globs of polish as they sample colors, and they may even damage brushes and leave caps loose, causing polish to dry out. Plus, additional acetone and cotton must be used to remove the test polish. Cumming avoids this by painting swatches of all of her polishes onto tips. Clients can then hold the swatches over their nails to decide what colors they like without digging into your inventory. During a service, use small dishes or trays to put product in rather than taking it directly from the original containers or bottles, adds Donovan. "You will find your lotions and scrubs will go a lot further," she explains.



Techs are often told to keep a razor-sharp focus on growing their business and avoid getting distracted by other pursuits. But becoming a brand educator is a great way to earn extra money and promote yourself. Professional nail brands are always looking for enthusiastic, skilled techs to teach classes, attend trade shows and demo their product for distributors. What you can earn varies depending on the brand, and can range from a monthly retainer to an hourly rate or fixed fee for

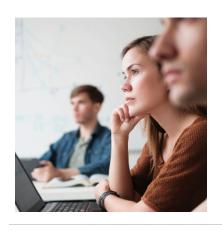
classes and demos. Some educators also earn commission on products sold during engagements. Plus, all travel expenses are paid, which can include international trips to exotic locations. But the real benefit is the exposure you'll get to a wide audience as a bona fide expert. Educators are often quoted in print and online media, and the extra title can attract new clients and justify higher service prices. A tech can qualify with as little as three years of experience. Look for opportunities on your favorite brand's professional site, or send a resume to the company's director of education.

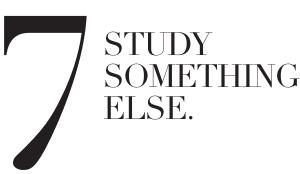




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Continuing education is vitally important in this industry, but often techs focus on learning the latest and greatest techniques and overlook the value of business education. "It doesn't matter how fabulous your sets of nails are; if you aren't good at running your business, then get ready for the school of hard knocks," says Wright. "You'll lose more money

than you make; you'll be constantly searching for clients; and you'll stay frustrated." Boston-based nail artist Nina Park says that marketing classes have had a profound impact on her ability to brand herself. Marketing methods are always evolving, so Park takes social media marketing classes as often as she can. Other general business classes, such as accounting, finance and management, can give techs the foundational knowledge required to make good business decisions, such as investing in equipment or buying the right advertising, which will lead to additional revenue.

HAVE CLIENTS

Sure, a full book of regulars means steady income and peace of mind, but it can also feel like a broken record on repeat. Not only can this limit innovation and lead to burnout, but it also means that when



one or two clients drop off for whatever reason, you'll be scrambling to fill their many now-empty time slots in your book, says Wright. "Openings allow you to take more new clients whom you can groom to become steady clients," she says. In addition, it keeps fresh blood flowing into the salon and will incentivize techs to keep up with new products and trends. Naturally, there are clients and services that require visits at regular intervals. But before you do the full court press on a monthly manicure customer to come in weekly, take into account your full client base and schedule.





Techs are constantly told to upsell products and add-on services as much as they possibly can—and generally, that's good advice. However, Wright suggests techs consider building some premium costs into their services instead of upselling. "You'll project a higher-end image and attract more upscale clients," she explains. For example, Wright stopped offering regular manicures and now only books spa manicures, which include a hand scrub and paraffin dip built into the higher price. In this way, she's guaranteed the revenue every time and avoids having to convince the client to spend more. Of course, it's not always possible to build additional services into the price, so be on the lookout for opportunities to sell add-on services when your schedule allows. For instance, learn a few simple nail art techniques that you can perform quickly and charge extra for, suggests Beight. Ultimately, maximizing your profits all comes down to working smarter, not harder—even when that means rethinking what the definition of *smarter* really is.

Leslie Henry is a business development executive, licensed nail technician and the blogger behind workplaypolish.com.



Uncramp Your Style

Learn how to prevent and address the unexpected spasms that can occur during nail services.

f all of the everyday aches and pains that people experience, few are as excruciating as intense and sudden muscle spasms. Individuals prone to this problem, which usually afflicts the feet, toes, legs and/or hands, know that when a cramp strikes, everything must stop until the pain is relieved. During nail services, holding a client's hand or foot position for a long time or at a particular angle might trigger a cramp, but often they come on for seemingly no reason at all. Fortunately, with a little knowhow, you can prevent—or at least shorten the duration of—one of these uncomfortable episodes.





The Common Cramp

Cramps are caused by involuntary spasms, or contractions, of the muscles. When functioning normally, muscles work as a pair, with one muscle contracting as its counterpart relaxes. However, if the relaxation muscle falls down on the job, or if a contraction occurs very suddenly, the result is a spasm, felt as a sharp and intense pain centralized in the area of the contraction. The muscle may feel "knotted" and the affected area may become "frozen" or "locked," as when the toes or fingers curl inward and can't easily be straightened.

The most common sites are the arch of the foot, toes and calf muscles, but the hands, arms, abdomen and rib cage are also susceptible. "Cramps can affect any muscle under your control and can involve part or all of a muscle, or several muscles in a group." says Carolyn Quist, DO, a Fort Worth, Texasbased doctor of osteopathic medicine.

An episode of cramping can last anywhere from a few seconds to a few days, off and on. And, according to Dr. Quist, no one is immune, although the groups at greatest risk for having an ongoing problem with muscle cramps are athletes, overweight people, the very young and the very old. The bottom line:

Muscle Cramp Facts*

- 95% of people experience muscle cramps at some time in their lives.
- Up to 60% of adults report that they have had night (nocturnal) leg cramps.
- Cramping in the calves, feet or toes affects approximately one in four people over the age of 60, and one in three over the age of 80.
- Up to 30% of women can be affected by leg cramps during pregnancy.
- . Symptoms of writer's cramp usually start between the ages of 30 and 50.

Sources: American Osteopathic Association. osteopathic.org; American Academy of Orthopaedic Surgeons, aaos.org; Harvard Health, health.harvard.edu; Dystonia Medical Research Foundation, dystonia-foundation.org

"You could be of any age or activity level, and you could develop a muscle cramp doing just about anything," Dr. Quist says.

Understanding Spasms

While experts don't know exactly what triggers uncomfortable cramping of the muscles, there are several possible contributors:

Dehydration Caused by excessive sweating, smoking, diuretic drugs, alcohol abuse or simply failing to drink enough water, dehydration is an often-overlooked cause of cramping. "Imbalances in the levels of

electrolytes in the blood [which can be caused by dehydration], such as sodium, potassium, chloride, calcium and phosphate, can lead to muscle cramps," Dr. Quist adds.

Vitamin or Mineral Deficiency It's easy to forget that our bodies rely on a balance of vitamins and minerals to function properly. Of particular importance to muscles: calcium, magnesium, potassium and vitamins B6. D and E.

Reduced Circulation Lack of blood flow to a muscle can result in a spastic reaction. Circulation can be compromised for many reasons: lack of movement, compression, obesity, pregnancy and disease, among others.

Nerve Damage Damaged nerves cannot do their job, which is to send messages from the brain to other parts of the body, including muscles.

Sometimes recurring muscle cramps are a symptom of a bigger health problem, such as diabetes, Parkinson's disease, rheumatoid arthritis, lupus, multiple sclerosis, anemia and thyroid malfunction.

Injury Muscle contractions are a natural response to localized injury, designed to protect the injured area.

Muscle Fatigue Dancers, athletes, weekend warriors and anyone else who overtaxes their muscles may pay the price in foot, toe and calf cramps after the fact. As for hand cramps, according to William Kormos, MD, a primary physician at Massachusetts General Hospital in Boston, overuse is typically seen in people whose work requires intense or repetitive use of their hand muscles—including nail techs and massage therapists, as well as musicians, those who do a lot of handwriting (who may suffer from dystonia, also known as "writer's cramp"), factory workers and cooks.

General Health Issues Sometimes recurring muscle cramps are a symptom of a bigger health problem, such as diabetes, Parkinson's disease, rheumatoid arthritis, lupus, multiple sclerosis, anemia and thyroid malfunction.

Preventing the Pain

It's possible for nail techs to inadvertently raise the risk of muscle cramping in clients—but that also means there are things you can do proactively to avert a painful episode. "Consider positioning, temperature and physical contact," advises Janet McCormick, MS, co-owner of NailCare Academy in Fort Myers, Florida.

When it comes to hand cramps especially, McCormick has noticed a pattern: "They tend to happen when clients are 'helping me,'





meaning holding their hands in positions they felt would make my service easier," she says. "It doesn't, of course. 'Helpful' clients are the scourge of nail techs - and every nail tech knows what I mean!" It's always a good idea to remind clients to relax their hands or feet when you can feel them trying to "help," letting them know that it's easier for you when they do. McCormick adds that it's important for techs to note incidents of cramping on the client's service record so they can be prepared next time.

Other common-sense cramp prevention practices come from understanding cramp "triggers," so ask yourself:



It's possible for nail techs to inadvertently raise the risk of muscle cramping in clients—but that also means there are things you can do to proactively avert a painful episode.

- Do I know enough about this client's health history? (For instance, a diabetic client with circulation issues might need to have her feet elevated during a manicure.)
- Am I checking to see whether this client is seated comfortably and can move around or stretch if needed?
- Have I offered the client water or another beverage to ensure she remains hvdrated?
- Have I been holding her hand or foot in the same, or possibly awkward, position for a long time?
- Am I holding her hand or foot too tightly, potentially compressing a nerve or blocking blood flow?
- How is my massage? Have I asked about preferred level of pressure?
- Does the client appear to be curling her toes or seem to be having a hard time relaxina?

Easing the Agony

If, in spite of your best efforts, a cramp strikes your client while you're in the middle of a nail service, there are still things you can do to soothe the spasm. McCormick, who has encountered the issue often-particularly in

the arch of a client's foot during pedicures explains an especially effective technique: "I massage the foot while it's still in the water and turn on the hot water a trickle to warm up the soak. That seems to help and allows the client to get through the service comfortably, though I massage a lot more than usual." That said, gentleness is a must when cramps occur, adds McCormick. "Don't grab the client's hand or foot and start rubbing right away; that might cause more pain," she explains. "Ask permission first."

Indeed, official advice from the American Academy of Orthopaedic Surgeons for relieving muscle cramps is to immediately stop activity and "gently stretch and massage the cramping muscle, holding it in a stretched position until the cramp stops." Massage increases circulation to the muscle and encourages the release of lactic acid. Additionally, applying heat to tense or tight muscles is recommended, as this also increases circulation while relieving discomfort. Once the pain has passed, you can proceed with the service as planned.

Linda Kossoff is a health and beauty writer based in Los Angeles.



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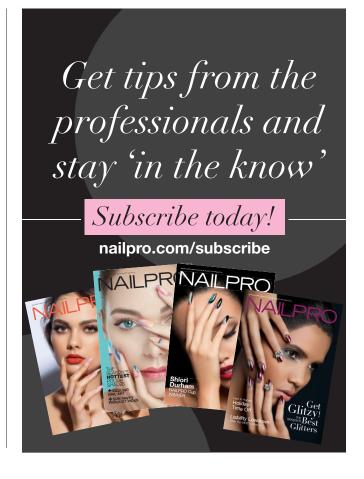
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recommended for a muscle cramp

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A. Obesity

B. Disease

because it

test-yourself. Submissions must be postmarked or received online by February 28, 2018. Answers will

Answers to December 2017 Test

9) B 10) A

1) D 2) B 3) A 4) C 5) B 6) A 7) C 8) D

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Muscle cramps are caused by involuntary	Muscle cramps can be caused	A. Releases lactic acid
spasms, also called	by a vitamin or mineral deficiency.	B. Increases circulation and relieves
A. Knots	A. True	discomfort
B. Contractions	B. False	C. Decreases circulation
C. Dilations		D. Distracts the client
D. Attacks	Which of the following measures	
	might help prevent a client from	Cramping in the calves, feet or
Which of the following is <i>not</i> a common	experiencing a muscle cramp during her	toes affects about one in four people
site for a muscle cramp?	nail service?	over the age of
A. Neck	A. Offering her a glass of water	A. 30
B. Calf	B. Keeping her still	B. 40
C. Rib cage	C. Engaging her in conversation	C. 50
D. Foot	D. Skipping the soak step	D. 60
Athletes are at the lowest risk for getting muscle cramps. A. True	NAME	
B. False	SALON NAME	
Sodium, potassium, chloride, calcium and		
phosphate are all examples of,	ADDRESS	
which must be balanced in the blood to		
avoid muscle cramps.	CITY, STATE, ZIP	
A. Vitamins		
B. Diuretics		
C. Melanocytes	PHONE	
D. Electrolytes		
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appear in the April issue.

A. Fatigue

B. Depression

C. Writer's cramp

D. Thyroid imbalance



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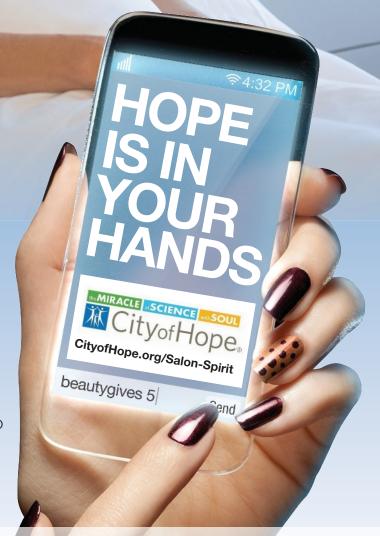
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The Spirit of Life® Award honors an outstanding leader in the professional salon industry, recognizing the individual for their contribution to business and community and offering an opportunity for the industry as a whole to unite in a common effort for City of Hope. The National Professional Salon Industry group has supported the lifesaving work of the doctors and researchers of City of Hope since 1981.











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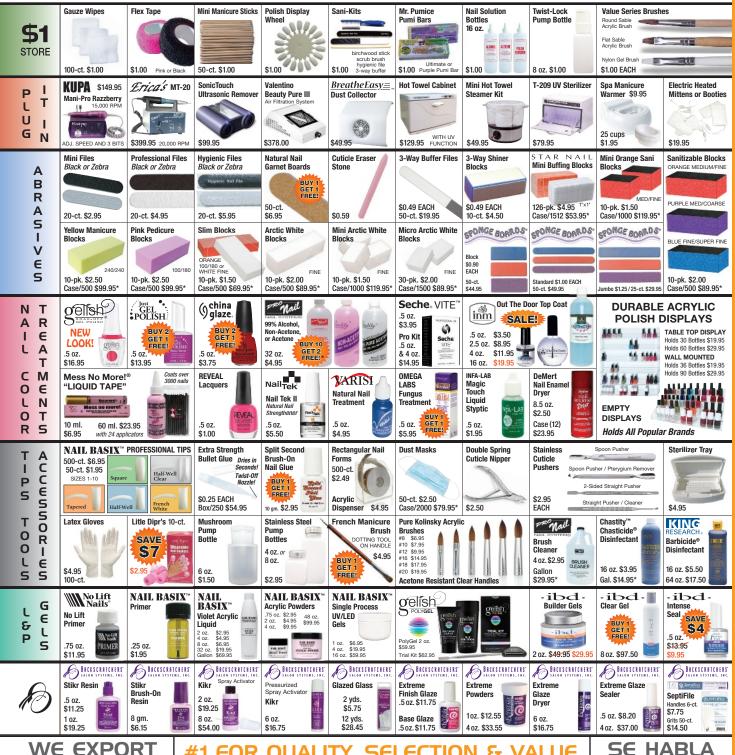


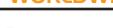
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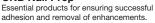
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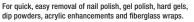








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HOLLYWOOD FILE

The Celeb HAILEE STEINFELD The Hue GUNMETAL

To create the Pitch Perfect 2 starlet's heavymetal tips, OPI global nail ambassador Tom

Bachik mixed OPI Light My Sapphire with OPI Chrome Effects powders. The result? A cool, futuristic mani that elevated her sleek all-black ensemble.





At the 2017 American Music Awards, A-listers stepped out of their comfort zones with single-color paint jobs that were anything but boring. From contrasting brights to edgy metallics, Hollywood starlets sported bold, eye-catching pigments that commanded attention. Here, the night's top polish shades that promise to be a hit with clients this season.



The Celeb RACHEL PLATTEN The Hue PEARL

The "Fight Song" singer channeled her inner ice queen with a shimmering pearlescent manicure.

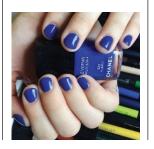
Taylor Foley is a Los Angeles-based freelance writer.



WRITTEN BY TAYLOR FOLEY

LILI REINHART

The Hue COBALT Inspired by the colorful embroidery on the "Riverdale" actress's asymmetric gown, celebrity manicurist Stephanie Stone used vibrant blue Chanel Vibrato on Reinhart's tips and toes.



The Celeb PINK The Hue INDIGO Deep indigo added a modern edge to the singer's ultrafeminine Monique Lhuillier tulle gown.



The Celeb SELENA GOMEZ The Hue BURGUNDY

To complement the "Wolves" singer's freshly dyed blonde locks, Bachik varnished Gomez's

oval talons with OPI Malaga Wine, a rich bordeaux shade.

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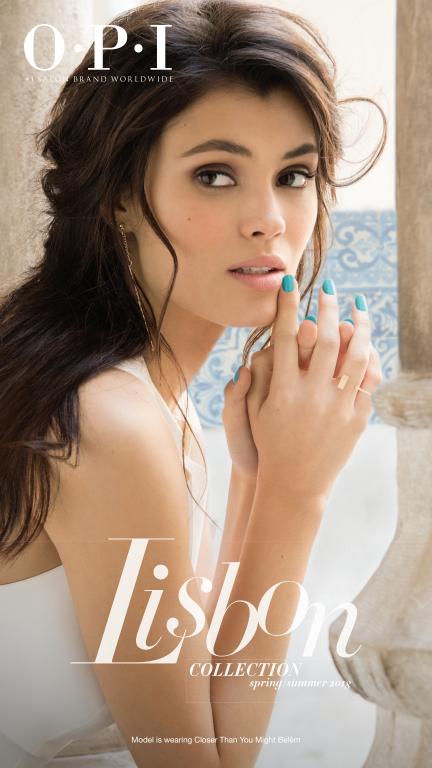
With Gelish and Morgan Taylor





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OPI SPRING/SUMMER 2018

For almost 30 years, women have traveled the world with OPI. This spring, take a journey with us to one of Europe's most colorful, charismatic cities with the Lisbon Collection by OPI. With a nod to the city's blend of traditional heritage and striking modernism, this collection offers a range of bright, vibrant hues that highlight the natural beauty of Portugal's capital. For this collection, OPI visits the lively streets of Lisbon for inspiration. From sprawling yellow houses with burnt orange rooftops (Sun, Sea and Sand in My Pants, We Seafood and Eat It. Now Museum. Now You Don't) and picturesque seascapes (Closer Than You Might Belém) to the infamous "Pink Street" (A Red-vival City, No Turning Back From Pink Street, Tagus in That Selfie!) and stately castles (Made It To the Seventh Hill!), Portugal's capital offers a rainbow of vivid hues. Traditional Portuguese porcelain lends itself to statement shades of blue and white (Tile Art to Warm Your Heart, Suzi Chases Portu-geese)



THESE VIVID COLORS ARE
BEAUTIFULLY ACCENTED BY
SOFTER HUES OF ROSE GOLD,
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THE ENTIRE PALETTE REALLY
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FEELING OF LISBON.

- Suzi Weiss-Fischmann
OPI Co-Founder & Brand Ambassador





12 New Shades
Available in
GelColor,
Infinite Shine
& Nail Lacquer

while golden sunsets (Lisbon Wants Moor OPI, You've Got Nata On Me) give rise to soft colors fitting for Portugal's City of Light. "Lisbon is quickly becoming Europe's go-to destination, thanks to its colorful streets, budding food scene and unique street fashion," explains OPI Co-Founder and Brand Ambassador Suzi Weiss-Fischmann. "In this great walking city, historic castles meet modern art museums and sleepy store-fronts give way to vibrant nightclubs. Trendy new restaurants and top chefs are paving the way for a food renaissance, but you can still find nata, or Portuguese custard tarts, on every street corner. Portuguese women are taking street style to a new level, showcasing colorful, modern looks. "With the Lisbon Collection by OPI, consumers can embrace the bright, modern trend with saturated hues of blue, aqua, dark yellow, bright red, magenta and orange coral," continues Weiss-Fischmann. "These vivid colors are beautifully accented by softer hues of rose gold, peach, light pink, and white. The entire palette really captures the light, bright, energetic yet charming feeling of Lisbon." All 12 Lisbon Collection shades will be available in GelColor, Infinite Shine Long-Wear and Nail Lacquer formulas, offering consumers and professionals choices for the best products to fit their needs. GelColor provides a salon-perfect finish with two-week wear, while Infinite Shine offers a high-shine finish with up to 11-days of wear and traditional lacquer application. Nail Lacquer features a highly-pigmented, rich formula for even application without streaking.

Lisbon Collection



MADE IT TO THE SEVENTH HILL! (MT)

Your nails will peak with this soft golden rose.

GC L15B / GC L15 / ISL L15 / NL L15



LISBON WANTS MOOR OPI (C)

Encore! Encore! Your nails will demand moor from this delicate pink.

GC L16B / GC L16 / ISL L16 / NL L16



YOU'VE GOT NATA ON ME (C)

Maybe not, but this provocative peach will tell all.

GC L17B / GC L17 / ISL L17 / NL L17



TAGUS IN THAT SELFIE! (C)

Impossible to hide behind this bright pink. You're tagged!

GC L18B / GC L18 / ISL L18 / NL L18



NO TURNING BACK FROM PINK STREET (C)

Dance 'til dawn in this fabulous magenta.

GC L19B / GC L19 / ISL L19 / NL L19



WE SEAFOOD AND EAT IT (C)

Lobster never looked so good.

GC L20B / GC L20 / ISL L20 / NL L20

Spring / Summer 2018



NOW MUSEUM, NOW YOU DON'T (MT)

We love this metallic red so much, we'd wear it for centuries!

GC L21B / GC L21 / ISL L21 / NL L21



A RED-VIVAL CITY (C)

A red that never needs a comeback.

GC L22B / GC L22 / ISL L22 / NL L22



SUN, SEA AND SAND IN MY PANTS (C)

Shake it off and enjoy this sunshiny yellow.

GC L23B / GC L23 / ISL L23 / NL L23



CLOSER THAN YOU MIGHT BELÉM (C)

We'll travel land and sea to get this coastal sea green.

GC L24B / GC L24 / ISL L24 / NL L24



TILE ART TO WARM YOUR HEART (C)

Tile your nails with this exciting mosaic blue. GC L25B / GC L25 / ISL L25 / NL L25



SUZI CHASES PORTU-GEESE (C)

White to excite. No more wild goose chase. GC L26B / GC L26 / ISL L26 / NL L26

Gel Color

OPI GelColor is ideal for clients looking for a quick service with up to 2+ weeks of wear.

OPI's professional gel polish system is designed to be cured with the OPI Dual Cure Light and fully cures from foundation to finish in 4 minutes per set.

Choose from over 140+ shades or find your favorite OPI Lacquer shade perfectly matched in GelColor.

3 STEP GELCOLOR PROHEALTH SYSTEM

Exclusive patent-pending ProHealth Technology





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(53% faster than original GelColor)







PRO HEAITH Base Coat 22777773120 GC020

PRO HEALTH Top Coat 22777773140 GC040

No damage removal for healthier looking

*when manufacturer's instructions are followed.

BASE / TOP COATS -



GELCOLOR BASE COAT 22001155000 GC 010

Original long wear Original Top Coat for GelColor services.



GELCOLOR TOP COAT 22001156000 GC 030

provides a high shine finish.



GELCOLOR MATTE TOP COAT 22002252000 GC 031

Transforms glossy colors to a satiny finish.



DUAL CURE LED LIGHT 22777803000 GL902

Designed for optimum performance and client comfort.



ALPINE SNOW (C) 22007025100 GC L00



BUNNY (SH) 22007025122 GC H22



I CANNOLI WEAR OPI (C) 22007025232 GC V32



IT'S IN THE CLOUD (C) 22007025271



BE THERE IN A PROSECCO (C) 22007025131 GC V31



I COULDN'T BARE LESS (SH) 22007025370 GC T70



KYOTO PEARL (F/SH) 22007025203 GC I 03



MY VAMPIRE IS BUFF (C) 22007025182 GC F82



LET ME BAYOU A DRINK (P) 22007025151 GC N51



LOVE IS IN THE BARE (C) 22007025369 GCT69



CHIFFON MY MIND (C) 22007025263 GCT63



PUTITIN NEUTRAL (C) 22007025365 GC T65



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PETAL SOFT (GL) 22007025364 GC T64



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STOP IT I'M BLUSHING! (C) 22007025474 GC T74



BUBBLE BATH (SH) 22007025286 GC S86



TIRAMISU FOR TWO (C) 22007025128 GC V28



PALE TO THE CHIEF (C) 22007025257 GC W57



COCONUTS OVER OPI (C) 22777816389 GC F89



TAKE A RIGHT ON BOURBON (P) 22007025259 GC N59



DO YOU TAKE LEI AWAY? (C) 22007025267 GC H67



THE HOT SPOTS (S) 22650022563 GC 163



A GREAT 22007025225 GC V25



COSMO-NOT OPERA-TUNITY (C) TONIGHT HONEY! (P) 22007025258 GC R58



HUMIDI-TEA (S) 22007025252 GC N52



WORTH A PRETTY PENNE (S) 22007025227 GC V27



FREEDOM OF PEACH (C) 22007025359 GC W59



I'LL HAVE A GIN & TECTONIC (C) 22650022561 GC I61



IT'S A PIAZZA CAKE (C) 22007025126 GC V26



YANK MY DOODLE (C) 22007025358 GC W58



CRAWFISHIN' FOR A COMPLIMENT (C) 22007025158 GC N58



LIVING ON THE BULA-VARD! (C) 22777816381 GC F81



GO WITH THE LAVA FLOW (S) 22007025269 GC H69



LOBSTER (S) 22007025130 GC T30



ONE CHIC CHICK (C) 22007025373 GC T73



I JUST CAN'T COPE-ACABANA (C) 22007025165 GC A65



NEED SUNGLASSES? (PASTEL) (C) 22007025104 GC 104



NEVER A DULLES MOMENT (C) 22007025356 GC W56



DO NOT TWEET (C) 22777816391 GC F91



GOT MYSELF INTO A JAM-BALAYA (C) 22007025157 GC N57



COZU-MELTED IN THE SUN (P) 22007025127 GC M27



NO TAN LINES (C) 22777816390 GC F90



A GOOD MAN-DARIN IS HARD TO FIND (C) 22007025147 GC H47



ALOHA FROM OPI (C) 22007025270 GC H70



LIVE. LOVE. CARNAVAL (C) 22007025169 GC A69



TOUCAN DO IT IF YOU TRY (C) 22007025167 GC A67



COCA-COLA* RED (C) 22550260113 GCC13



MY CHIHUAHUA BITES (C) 22007025121 GC M21



OPI ON COLLINS AVE. (C) 22007025276 GC B76



BIG APPLE RED (C) 22007025125 GC N25



CAJUN SHRIMP (C) 22007025264 GC L64



DUTCH TULIPS (C) 22007025260 GC L60



SHE'S A BAD MUFFULETTA! (C) 22007025256 GC N56



GIMME A LIDO KISS (S) 22007025230 GC V30



GETTING NADI ON MY HONEYMOON (C) 22777816382 GC F82



YOU (C) 22007025156 GC B56



MOD ABOUT YOU (PASTEL) (C) 22007025106 GC 106



SUZI SHOPS & ISLAND HOPS (C) 22007025171 GC H71



PRINCESSES RULE! (SH/S) 22007025444 GC R44



SHORTS STORY (C) 22007025186 GC B86



SUZI NAILS NEW ORLEANS (C) 22007025153 GC N53



TWO-TIMING THE ZONES (C) 22777816380 GC F80



AURORA BERRY-ALIS (C) 22650022564 GC 161



HOTTER THAN YOU PINK (C) 22007025136 GC N36



KISS ME I'M BRAZILIAN (C) 22007025168 GC A68



STRAWBERRY MARGARITA (C) 22007025223 GC M23



RED HOT RIO (C) 22007025170 GC A70



COLOR SO HOT IT BERNS (C) 22007025213 GC Z13



THE THRILL OF BRAZIL (C) 22007025216 GC A16



AMORE AT THE GRAND CANAL (C) 22007025229 GC V29



CHICK FLICK CHERRY (C) 22007025302 GC H02



GOT THE BLUES FOR RED (C) 22007025352 GC W52



WE THE FEMALE (C) 22550260164 GC W64



BOGOTÁ BLACKBERRY (P) 22007025152 GC F52



I'M NOT REALLY A WAITRESS (P) 22007025108 GC H08



22007025287 GC L87



OPI RED (P) 22007025472 GC L72



22007025244 GC E44



MIAMI BEET (C) 22007025178 GC B78



VOTE (C) 22007025363 GC W63



SPARE ME A FRENCH QUARTER? (C) 22007025155 GC N55



PRESIDENT (C) 22007025262 GC W62



DON'T BOSSA NOVA ME AROUND (C) 22007025160 GC A60



ICELANDED A BOTTLE OF OPI (C) 22650022553 GC I53



JUST LANAI-ING AROUND (C) 22007025372 GC H72



POMPEII PURPLE (P) 22007025109 GC C09



DO YOU LILAC IT? (C) 22007025129 GC B29



LACQUER? (C) 22777816383 GC F83



ONE HECKLA OF A COLOR! (C) 22650022562 GC 162



PURPLE PALAZZO PANTS (C) 22007025234 GC V34



SHOW US YOUR TIPS! (S) 22007025162 GC N62



YOU'RE SUCH A BUDAPEST (C) 22007025274 GC E74



DO YOU LILAC IT? (PASTEL) (C) 22007025102 GC 102



I MANICURE FOR BEADS (C) 22007025154 GC N54



I CAN NEVER HUT UP (S) 22777816386 GC F86



CHECK OUT THE OLD GEYSIRS (S) 22650022560 GC 160



I AM WHAT I AMETHYST (C) 22007025376 GC 176



HELLO HAWAII YA? (C) 22007025273 GCH73



TAUPE-LESS BEACH (C) 22007025161 GC A61



KRONA-LOGICAL ORDER (C) 22650022555 GC 155



TURN ON THE NORTHERN LIGHTS! (S) 22650022557 GC 157



DO YOU HAVE THIS COLOR IN STOCK-HOLM? (C) 22007025247 GC N47



OPI INK. (S) 22007025261 GC R61



RUSSIAN NAVY (S) 22007025254 GC R54



SHH...IT'S TOP SECRET! (C) 22007025561 GC W61



O SUZI MIO (C) 22007025235 GC V35



LESS IS NORSE (C) 22650022559 GC I59



AMAZOFF (C) 22007025164 GC A64



IS THAT A SPEAR IN YOUR POCKET? (C) 22777816385 GC F85



IS A HYBRID (C) 22007025145 GC N45



THAT'S HULA-RIOUS! (C) 22007025265 GC H65



A MINT (C) 22007025572 GC T72



GRAPE (PASTEL) (C) 22007025103 GC 103



THIS ISN'T GREENLAND (C) 22650022558



I'M SOOO SWAMPED! (C) 22007025360 GC N60



STAY OFF THE LAWN!! (C) 22007025354 GC W54



SUZI - THE FIRST LADY OF NAILS (C) 22007025355 GC W55



THIS COLOR'S MAKING WAVES (S) 22007025374 GC H74



GELATO ON MY MIND (C) 22007025233 GC V33



CAN'T FIND MY CZECHBOOK (C) 22007025275 GC E75



NO ROOM FOR THE BLUES (C) 22007025183 GC B83



OPI... EURSO EURO (C) 22007025272 GC E72



IT'S A BOY! (C) 22007025475 GC T75



SUZI WITHOUT A PADDLE (C) 22777816388



CAN'T FIND MY CZECH-BOOK (PASTEL)(C) 22007025101 GC 101



WHAT I SEA? (S) 22777816384 GC F84



RICH GIRLS & PO-BOYS (C) 22007025361 GC N61



SUPER TROP-I-CAL-I-FIJI-ISTIC (C) 22777816387 GC F87



CIA=COLOR IS AWESOME (C) 22007025253 GC W53



SUZI & THE ARCTIC FOX (C) 22650022556 GC 156



ARE THOR (C) 22650022554 GC I54



JACQUES! (C) 22007025215 GC F15



DS PEWTER (G) 22007025205 GC G05



LINCOLN PARK AFTER DARK (C) 22007025342 GC W42



THE HOUSE (C) 22007025460 GC W60



22007025159 GC B59



CHUTNEY (S) 22007025142 GC 143



OR YOURS? (C) 22007025236 GC V36



BLACK ONYX (C)* 22007025202 GC T02 *Lady in Black (EU markets)



Infinite Shine

GET GEL-LIKE WEAR AND SHINE IN A LACQUER-EASY FORMULA!

Infinite Shine Long-Wear Lacquer, professional 3-step system, offers the high-shine and long-wear of a gel manicure with the ease of application and removal of nail polish.

3-STEP SYSTEM



PRIMER 22006697211 IS T11

Bonds to nails to provide optimum sticking power. GLOSS 22006697231 IS T31

Patented oligomers cure in natural light for durable shine.

Up to 11 days of gel-like wear & shine.

No light curing needed. Ideal for clients that want longer wear than lacquer without the commitment of gel polish.

Professional, 3-step system Up to 11 days of wear and gel-like shine Easy application and removal. No light needed. Available in 170+ shades including OPI's truly iconic colors



KYOTO PEARL (P) 22888070103 ISL L03



PEARL OF WISDOM (P) 22995285034 IS L34



ALPINE SNOW (C) 22777754100 ISL L00



FUNNY BUNNY (SH) 22777754122



BEYOND THE PALE PINK (C) 22995285035



MIMOSAS FOR MR. & MRS. (SH) 22777754119 ISL H19



BUBBLE BATH (SH) 22777754186 ISL S86



PRETTY PINK PERSEVERES (C) 22000323001



THE BEIGE OF REASON (C) 22995285031

IS I 31



TIRAMISU FOR TWO (C) 22006697128 ISL V28



HALF PAST NUDE (C) 22994255167 IS 167



YOU'RE BLUSHING AGAIN (C) 22995285046 IS L46



SWEET HEART (C) 22006697196 ISL 596



PASSION (SH) 22777754119 ISL H19



HUMIDI-TEA (SH) 22888070152 ISL N52



SAMOAN SAND (SH) 22777754361 ISL P61



YOU CAN COUNT ON IT (C) 22000323030 IS L30



DULCE DE LECHE (C) 22777754115 ISL A15



BAREFOOT IN BARCELONA (C) 22006697141 ISL E41



I'LL HAVE A GIN & TECTONIC (C) 22550172361 ISL I61



OVER OPI (C) 22006699289 ISL F89



TANACIOUS SPIRIT (C) 22000323022 IS L22



COSMO-NOT TONIGHT HONEY (P) 22006697158 ISL R58



IT NEVER ENDS (C) 22000323029 IS L29



WORTH A PRETTY PENNE (SH) 22888070227 ISL V27



MOOSE (C) 22888070189 ISL C89



DOODLE (C) 22888070258 ISL W58



COFFEE (C) 22995285053 IS L53



IT'S A GIRL! (SH) 22777754139 ISL H39



GETTING NADI ON MY HONEYMOON (C) 22006699282 ISL F82



FOLLOW YOUR BLISS (C) 22995285045



MOD ABOUT YOU (C) 22006697256



PRINCESSES RULE! (S) 22777754144 ISL R44



ROSE AGAINST TIME (C) 22994255161 IS L61



SUZI NAILS NEW ORLEANS (C) 22888070153 ISL N53



APHRODITE'S PINK NIGHTIE (P) 22888070101 iSI G01



SHORTS STORY (C) 22006697186



TWO-TIMING THE ZONES (C) 22006699280 ISI F80



FROM HERE TO ETERNITY (C) 22000323002 IS L02



STRAWBERRY MARGARITA (C) 22777754123 ISL M23



GIRL WITHOUT LIMITS (C) 22000323004 IS L04



LA PAZ-ITIVELY HOT (C) 22006697120 ISL A20



CHARGED UP CHERRY (C) 22550279135 ISL B35



RUNNING WITH THE IN-FINITE CROWD (C) 22000323005 IS L05



DEFY EXPLANATION (C) 22995285059 IS L59



AURORA BERRY-ALIS (C) 22550172364 ISL 164



CHA-CHING CHERRY (S) 22777754112 ISL V12



CALIFORNIA RASPBERRY (C) 22550279154 ISL L54



DUTCH TULIPS (C) 22777754160 ISL L60



MADAM PRESIDENT (C) 22888070362 ISL W62



A-ROSE AT DAWN... BROKE BY NOON (P) 22006697111 ISL V11



POMPEII PURPLE (P) 22777754109 ISL C09



STICK IT OUT (C) 22995285058 IS L58



COZU-MELTED IN THE SUN (P) 22888070127 ISL M27



BORA-ING PINK (P) 22888070145 ISL S45



CHICAGO CHAMPAGNE TOAST (P) 22006697263 ISL S63



ENTER THE GOLDEN ERA (P) 22995285037



DO NOT TWEET (C) 22006699291 ISL F91



NO TAN LINES (C) 22006699290 ISL F90



NO STOPPING ME NOW (C) 22000323007 ISL 07



CRAWFISHIN' FOR A COMPLIMENT (C) 22888070158 ISL N58



TOUCAN DO IT IF YOU TRY (C) 22550279167 ISL A67



MY ADDRESS IS "HOLLYWOOD" (S) 22777754131 ISL T31



LIVING ON THE BULA-VARD! (C) 22006699281 ISL F81



GOT MYSELF INTO A JAM-BALAYA (C) 22006697157 ISL N57



LIVE.LOVE. CARNAVAL (C) 22006697169 ISL A69



IN FAMILIAR TERRA-TORY (C) 22994255165 IS L65



ALOHA FROM OPI (C) 22550279170 ISL H70



CAJUN SHRIMP (C) 22777754164 ISL L64



SHE WENT ON AND ON AND ON (C) 22000323003 IS L03



SHE'S A BAD MUFFULETTA! (C) 22777754156



UNREPRENTANTLY RED (C) 22000323008 IS L08



COCA-COLA © RED (C) 22550419113 ISL C13



UNEQUIVOCALLY CRIMSON (C) 22000323009 IS L09



COLOR SO HOT IT BERNS (C) 22888070113 ISL Z13



BIG APPLE RED (C) 22777754125 ISL N25



OPI BY POPULAR VOTE (C) 22006697363



RELENTLESSLY RUBY (C) 22000323010 IS L10



OPI RED (C) 22006697172 ISL L72



THE THRILL OF BRAZIL (C) 22006697216 ISL A16



CAN'T BE BEET! (C) 22000323013 IS L13



AN AFFAIR IN RED SQUARE (P) 22777754153 ISL R53



MALAGA WINE (C) 22777754287 ISL L87



BOGOTÁ BLACKBERRY (P) 22006697252 ISL F52



WETHE FEMALE (C) 22777754264 ISL W64



I'M NOT REALLY A WAITRESS (P) 22777754108 ISL H08



GOT THE BLUES FOR RED (C) 22006697352 ISLW52



RAISIN' THE BAR (C) 22000323014 IS L14



BERRY ON FOREVER (C) 22995285060 IS L60



IN THE CABLE CAR-POOL LANE (C) 22888070162 ISL F62



STICK TO YOUR BURGUNDIES (C) 22995285054 IS L54



VAMPSTERDAM (P) 22777754163



REYKJAVIK HAS ALL THE HOT SPOTS (S) 22550172363 ISL 163



MIAMI BEET (C) 22777754187 ISL B78



FI ASHRUI R FUCHSIA (C) 22888070131 ISL B31



SPARE ME A FRENCH QUARTER? (C) 22888070155 ISL N55



DON'T BOSSA NOVA ME AROUND (C) 22888070160 ISLA60



TAUPE-LESS BEACH (C) 22777754161 ISI Δ61



TICKLE MY FRANCE-Y (C) 22777754116 ISI F16



YOU SUSTAIN ME(C) 22995285057 IS I 57



ONE HECKLA OF A COLOR! (C) 22550172362 ISI 162



LUCKY LUCKY LAVENDER (C) 22006697148 ISL H48



GRAPELY ADMIRED (C) 22000323012 IS I 12



O SUZI MIO (C) 22888070135 ISL V35



POLLY WANT A LACQUER? (C) 22006699283 ISL F83



DO YOU LILAC IT? (C) 22006697129 ISI B29



22005901177 IS 177



STYLE UNLIMITED (C) WHISPERFECTION (C) 22005901176 IS I 76



YOU'RE SUCH A BUDAPEST (C) 22006697174 ISL E74



TIPS! (C) 22888070262 ISL N62



LESS IS NORSE (C) 22550172359 ISL 159



TURN ON THE NORTHERN LIGHTS! (S) 22550172357 ISI 157



ТО ВЕ CONTINUED...(C) 22995285040



REACH FOR THE SKY (C) 22994255168 IS L68



CHECK OUT THE OLD GEYSIRS (S) 22550172360 ISL 160



CAN'T FIND MY CZECHBOOK (C) 22006697175 ISL E75



IT'S A BOY! (C) 22888070175 ISI T75



SUZI WITHOUT A PADDLE (C) 22006699288 ISI F88



TO INFINITY AND BLUE-YOND (C) 22000323018 IS L18



GELATO ON MY MIND (C) 22550279133 ISL V33



TEALTHE COWS 22550279254 ISL B54



SUPER COME HOME (SH) TROP-I-CAL-I-FIJI-ISTIC (C) WHAT I SEA? (S) 22006699287 ISL F87



DO YOU SEA 22006699284 ISLF84



GET RYD-OF-THYM BLUES (C) 22000323016 IS L16



THIS ISN'T GREENLAND (C) 22550172358 ISL 158



THAT'S HULA-RIOUS! (C)



WITHSTANDS THE TEST OF THYME (C) 22000323019 ISI 19



YOUR POCKET? (C) 22006699285 ISI F85



OLIVE FOR GREEN (C) 22994255164 ISL 64



SUZI-THE FIRST LADY OF NAILS (C) 22006697155 ISL W55



I DO IT MY RUN-WAY (C) 22005901180 ISL 80



CIA=COLOR IS AWESOME (C) 22777754253 ISL W53



I CAN NEVER HUT UP (S) 22006699286 ISI F86



SILVER ON ICE (S) 22995285048 **ISL 48**



STEEL WATERS RUN DEEP (C) 22000323027 ISL 27



THE LATEST AND SLATEST (C) 22005901178 ISL 78



MY PRIVATE JET (S) 22777754159 ISL B59



COALITION (C) 22000323026 ISL 26



BOYFRIEND JEANS (C) 22005901179 IS L79



SUZI & THE ARCTIC FOX (C) 22550172356 ISI 156



MADE YOUR LOOK (C) 22005901175 IS L75



STAYING NEUTRAL (C) 22000323028 IS L28



ICELANDED A BOTTLE OF OPI (C) 22550172353 ISL I53



BERLIN THERE DONE THAT (C) 22006697113 ISL G13



YOU DON'T KNOW JACQUES! (C) 22777754215 ISL F15



22000323024 IS L24



ARE THOR (C) 22550172354 ISL 154



SET IN STONE (C) THAT'S WHAT FRIENDS NEVER GIVE UP! (C) 22000323025



KRONA-LOGICAL ORDER (C) 22550172355 ISL 155



SHH... IT'S TOP SECRET! (C) 22006697261 ISL W61



AFTER DARK (C) 22777754142 ISL W42



RUSSIAN NAVY (S) 22777754154 ISL R54



BLACK ONYX (C)* 22777754102 ISL T02 *Lady in Black (EU markets)

Nail Lacquer

OPI Nail Lacquer is the number one salon brand worldwide.

When used in a professional service, color can last up to 7 days. A professional service consists of proper natural nail prep, base coat, color coat and top coat application.

3-STEP SYSTEM



BASE COAT 22001008000 NT T10

Helps prevent staining of natural nails and promotes a long-lasting manicure.

22001009000 NT T30

Helps prevent smudges while drying to a smooth, high-gloss, protective shine.

BASE / TOP COATS



ACRYLIC NAIL BASE COAT 22001739000 NT T20

Helps prevent staining of acrylic nails and promotes a long-lasting manicure.



OPI MATTE TOP COAT 22002218000 NT T35

Transforms glossy colors to a satiny finish.



HAPPY ANNIVERSARY! (S) 22001014006 NL A36



22001014060 NL L00



22001014106 NL H22



KYOTO PEARL (P) 22001014061 NL L03



LCANNOLL WEAR OPI (C) 22995154032 NI V32



CLOUD (C) 22994257071 NI T71



MIMOSAS FOR MR. & MRS. (SH) 22001014073 NL R41



BUBBLE BATH (SH) 22001014085 NL S86



BE THERE IN A PROSECCO (C) 22995154031 NL V31



MY VAMPIRE IS BUFF (C) 22002184003 NI F82



DON'T BOSSA NOVA ME AROUND (C) 22002576011

NLA60



TIRAMISU FOR TWO (C) 22995154028 NI V28



LET ME BAYOU A DRINK (P) 22994150051 NI N51



MY VERY FIRST KNOCKWURST (C)

22001246008

NI G20



PALE TO THE CHIEF (C)

22997103157

NI W57



SAMOAN SAND (SH) 22001014071 NI P61



22001014087 NI 596



STOP IT I'M BLUSHING! (C) 22994257074 NLT74



LEI AWAY? (C) 22000354867 NL H67



22995100265 NI T65



COTTON CANDY (SH) 22001014161 NLL12



PASSION (SH) 22001014054 NL H19



ITALIAN LOVE AFFAIR (P) 22001014159 NL 127



22001014001 NL H39



SUZI SHOPS & ISLAND HOPS (C) 22000354871 NL H71



YOU (C) 22001014014 NL B56



YOU (SH) 22001014087 NL S95



NEW ORLEANS (C) 22994150053 NL N53



ROSY FUTURE (SH) 22001014083 NL S79



RULE! (S) 22001014107 NL R44



GETTING NADI ON MY HONEYMOON (C) 22006698182 NL F82



HAWAIIAN ORCHID (P) 22001014105 NL A06



KISS ME I'M BRAZILIAN (C) 22002576005 NL A68



THE ZONES (C) 22006698180 NL F80



SHORTS STORY (C) 22001014024 NL B86



KISS ME ON MY TULIPS (C) 22001014134 NL H59



APHRODITE'S PINK NIGHTIE (P) 22001014049 NL G01



BERRY-ALIS (C) 22550168164 NL 164



STRAWBERRY MARGARITA (C) 22001014067 NL M23



PINK FLAMENCO (C) 22001014124 NL E44



ELEPHANTASTIC PINK (C) 22001014116 NI 142



PRECISELY PINKISH (C) 22005904101



LA PAZ-ITIVELY HOT (P) 22001014004

NLA20



HOTTER THAN YOU PINK (C) 22001014349 NI N36



CHARGED UP CHERRY (C) 22001014109 NL B35



NOT SO BORA-BORA-ING PINK (P) 22001014164 NL S45



THAT'S BERRY DARING (C) 22001014228 NL B36



KOALA BEAR-Y (C) 22001014007 NL A46



SHE'S A BAD MUFFULETTA! (C) 22994150056 NL N56



POMPEII PURPLE (P) 22001014125 NL C09



MADAM PRESIDENT (C) 22997103162 NI W62



DUTCH TULIPS (C) 22001014062 NL L60



A JAM-BALAYA (C) 22994150057 NL N57



ABOUT IT! (C) 22005904102 NL BC2



CARNAVAL (C) 22002576004 NL A69



LOBSTER (S) 22001014147 NL T30

GO WITH THE











FUCHSIA(S) 22001014110



SPARE ME A FRENCH QUARTER? (C) 22994150055 NL N55



MIAMI BEET (C) 22001014021 NL B78



IN THE CABLE CAR-POOL LANE (C) 22002387011 NLF62



PURPLE PALAZZO PANTS (C) 22995154034 NL V34



LUCKY LUCKY LAVENDER (C) 22001014157 NL H48



ONE HECKLA OF A COLOR! (C) 22550168162 NL 162



I MANICURE FOR BEADS (C) 22994150054 NL N54



POLLY WANT A LACQUER? (C) 22006698183 NL F83



DO YOU LILAC IT? (C) 22001014009 NI R29



PURPOSE (P) 22001014111 NL B30



PURPLE WITH A DO YOU HAVE THIS COLOR IN STOCK-HOLM? (C) 22000144047 NL N47



RICH GIRLS & PO-BOYS (C) 22994150061 NI NA1



SHOWUS YOUR TIPS! (S) 22994150062 NI NA2



LESS IS NORSE (C) 22550168159 NL 159



O SUZI MIO (C) 22995154035 NL V35



I CAN NEVER HUT UP (S) 22006698186 NL F86



CHECK OUT THE OLD GEYSIRS (S) 22550168160 NL 160



I AM WHAT I AMETHYST (C) 22994257076 NLT76



YOU'RE SUCH A BUDAPEST (C) 22002184009 NL E74



IT'S A BOY! (C) 22994257075 NI T75



GELATO ON MY MIND (C) 22995154033 NL V33



CAN'T FIND MY 22002184010 NL E75



SUPER CZECHBOOK (C) TROP-I-CAL-I-FIJI-ISTIC (C) 22006698187 NI F87



PADDLE (C) 22006698188 NL F88



THE BLUES (C) 22001014022 NL B83



WHAT I SEA? (S) 22006698184 NL F84



CORRECTAMUNDO (C) 22005904103 NL BC3



A COMPLIMENT (C) 22994150058 **NL N58**



NO TAN LINES (C) 22006698190 NL F90



PANTS ON FIRE! (C) 22005904109 NL BB9



FREEDOM OF PEACH (C) 22997103159 NL W59



TUTTI FRUTTI TONGA (P) 22001014165 NL S48



TOUCAN DO IT IF YOU TRY (C) 22002576008 NL A67



IT'S A PIAZZA CAKE (C) 22995154026 NL V26



COZU-MELTED IN THE SUN (P) 22001014253 NL M27



I'LL HAVE A GIN & TECTONIC (C) 22550168161 NL 161



DULCE DE LECHE (C) 22001014002 NL A15



A GREAT OPERA-TUNITY (C) TONIGHT HONEY! (P) 22995154025 NL V25



COSMO-NOT 22001014078 NL R58



HUMIDI-TEA (S) 22994150052 NL N52



NOMAD'S DREAM (P) 22001014070 NI PO2



CHOCOLATE MOOSE (C) 22001014112 NI C89



YANK MY DOODLE (C) 22997103158 NI W58



TICKLE MY FRANCE-Y (C) 22001014042 NLF16



BARCELONA (C) 22001014027 NL E41



CHICAGO CHAMPAGNE TOAST (P) THE HOT SPOTS (S) 22001014081 NL S63



REYKJAVIK HAS ALL 22550168163 NL 163



COCONUTS OVER OPI (C) 22006698189 NI F89



ICELANDED A BOTTLE OF OPI (C) 22550168153



TAUPE-LESS BEACH (C) 22002576002 NL A61



BERLIN THERE DONE THAT (C) 22001246001 NL G13



MARVELOUS (S) 22001014102 NLZ18



BOURBON (P) 22994150059 NL N59



22001014103 NLZ19



WORTH A PRETTY PENNE (S) 22995154027 NL V27



ONE CHIC CHICK (C)



COPE-ACABANA (C) 22002576010 NL A65



EXOTIC BIRDS DO NOT TWEET (C) 22006698191



NEVER A DULLES MOMENT (C) 22997103156 NL W56





THIS ISN'T GREENLAND (C) 22550168158 NI 158



THAT'S HULA-RIOUS! (C) 22000354865 NL H65



THIS COST ME A MINT (C) 22994257072 NLT72



GREEN COME TRUE (C) 22005904104

NL BC4



I'M SOOO SWAMPED! (C) 22994150060 NL N60



MY DOGSLED IS A HYBRID (C) 22000144045 NL N45



SUZI - THE FIRST LADY OF NAILS (C) 22997103155 NL W55



STAY OFF THE LAWN!! (C) 22997103154 NI W54



AMAZON... AMAZOFF (C) 22002576012

NL A64



IS THAT A SPEAR IN YOUR POCKET? (C)

22006698185

NL F85



CIA = COLOR IS AWESOME (C) 22997103153 NL W53



THIS COLOR'S MAKING WAVES (S) 22000354874 NLH74



TEAL THE COWS COME HOME (S) 22001014013 NL B54



BLUE MY MIND (P) 22001014008 NL B24



OPI... EURSO EURO (C) 22002184002 NL E72



TURN ON THE NORTHERN LIGHTS! (S) 22550168157 NL 157



22001014076 NLR54



LIGHT MY SAPPHIRE (P) 22001014016 NL B60



YOGA-TA GET THIS BLUE! (S) 22001014059 NL 147



KRONA-LOGICAL ORDER (C) 22550168155 NL 155



JACQUES! (C) 22001014041 NLF15



YOU DON'T KNOW THAT'S WHAT FRIENDS ARE THOR (C) 22550168154 NL 154



THE HOUSE (C) 22997103160 NLW60



MEET ME ON THE STAR FERRY (S) 22001014246 NL H49



BOGOTÁ BLACKBERRY (P) 22001014048 NL F52



MIDNIGHT IN MOSCOW (S) 22001014118 NL R59



BLACK CHERRY CHUTNEY (P) 22001014160 NL I43



SUZI & THE ARCTIC FOX (C) 22550168156 NL I56



MY PRIVATE JET (S) 22001014015 NL B59



MY GONDOLA OR YOURS? (C) 22995154036 NL V36



BLACK ONYX (C)*
22001014202
NL T02
*Lady in Black



SHH...IT'S TOP SECRET! (C) 22997103161 NL W61



OPI INK. (S) 22001014195 NL B61



VAMPSTERDAM (C) 22001014138 NL H63



LINCOLN PARK AFTER DARK (C) 22001014099 NL W42



NOTHING CAN CHANGE A WOMAN'S LOOK OR HER OUTLOOK EASIER AND FASTER THAN NAIL COLOR!

- Suzi Weiss-Fischmann
OPI Co-Founder & Brand Ambassador

Nail Treatments

Strong, beautiful, nails are everyone's dream - a dream that can become reality with the complete range of **OPI Nail Treatments**.



START-TO-FINISH Original Formula 22001011000 NT T70

A base coat, top coat and natural nail strengthener in one high performance formula. Ideal for weak, damaged nails.



START-TO-FINISH Formaldehyde-Free Formula 22001743000 NT T71

A base coat, top coat and natural nail strengthener in one high performance formula. Ideal for weak, damaged nails.



CHIP SKIP 22001006000 NT 100

Primes natural nail surface to increase adhesion of nail lacquer. Use prior to nail lacquer applications on fingernails and toenails. Easy to use - big on results!



NATURAL NAIL STRENGTHENER 22001010000 NT T60

Builds in layers of protection on natural nails.



PLUMPING VOLUMIZING TOP COAT 22005393000

2005393000 NT T36



BRILLIANT HIGH SHINE TOP COAT 22005394000 NT T37



RAPIDRY TOP COAT 22001012000 NT T74

Dries to a tough, long-lasting, non-yellowing, high-gloss shine in minutes.



DRIP DRY LACQUER DRYING DROPS 22002357000 AL 711

Dries nails to the touch in one minute, completely in five, with just a few drops, while treating cuticles to a soothing dose of jojoba and antioxidant vitamin E!





SERUM-INFUSED BASE COAT 22006696101 NT R01



SHEER COLOR Properly Pink 22006696103 NT R03



SHEER COLOR Too Tan-Talizing 22006696104 NT R04



SHEER COLOR Barely Beige 22006696105 NT R05



PROTECTIVE TOP COAT 22006696102 NT R02



ORIGINAL NAIL ENVY 22001013000 NT T80

Provides maximum strengthening with hydrolyzed wheat protein and calcium for harder, longer, stronger, natural nails! Ideal for weak, damaged nails.



MATTE NAIL ENVY 22001744000 NT T82

Get invisible protection with this maximum protein-strengthening matte formula! Perfect for men and women who prefer a totally natural look.



SOFT & THIN NAIL ENVY 22001227000 NT 111

Proven Nail Envy technology in a formula designed specifically for soft and thin nails. Fortifies nails with extra calcium.



DRY & BRITTLE NAIL ENVY 22001735000 NT 131

Proven Nail Envy technology in a moisturizing formula that also protects with antioxidant vitamins E & C.



SENSITIVE & PEELING NAIL ENVY 22001007000 NT 121

Proven Nail Envy technology in a formula for sensitive and peeling nails. Protects with antioxidant vitamin E and emollient-rich kukui nut oil, plus soothing aloe vera.



MAINTENANCE NAIL ENVY 22001736000 NT 141

Keep nails to envy with this balanced formula of strengthening and protecting ingredients.



STRENGTH IN COLOR Hawaiian Orchid 22995265220 NT 220

Breezy, tropical pink / maximum strength formula.



NAIL ENVY STRENGTH IN COLOR Samoan Sand 22995265221 NT 221

A warm beige-pink / maximum strength formula.



NAIL ENVY STRENGTH IN COLOR Bubble Bath 22995265222 NT 222

Soothing, warm, pale pink / maximum strength formula.



NAIL ENVY STRENGTH IN COLOR Pink to Envy 22995265223 NT 223

Whisper of cool pink / maximum strength formula.

Powder Perfection

Acrylic nails reinvented.
Faster, easier & odor-free. Gel-like shine & weeks of wear.
Dries almost instantly, no need to light cure.

Soak-off wrap removal | Available in 29 OPI shades

DIP. TAP. PERFECT. -



POWDER PERFECTION BASE COAT

22550223110
DPT 10
Foundation base coat

Foundation base coat for application of color powder.



POWDER PERFECTION

ACTIVATOR 22550225120 DPT 20

Accelerates curing of base coat and color powder application.



POWDER PERFECTION

TOP COAT 22550226130 DPT 30

Provides a glossy, high-shine finish.



POWDER PERFECTION COLOR POWDER

BUBBLE BATH 22550224186 DPS86





OPI Pink & White Shades POWDER PERFECTION



FUNNY BUNNY 22550224122 DPH22



ALPINE SNOW 22550224100 DPI 00



BUBBLE BATH 22550224186 DPS86



PASSION 22550224119 DPH19



SAMOAN SAND 22550224161 DPP61



OPI Iconic Shades **POWDER PERFECTION**



TIRAMISU FOR TWO 22550220128 DPV28



LEI AWAY? 22550220167 DPH67



22550220344 DPR44



22550220156 DPB56



PALAZZO PANTS 22550220134



STRAWBERRY MARGARITA 22550220223 DPM23



PINK FLAMENCO 22550220244 DPE44





CAJUN SHRIMP 22550220164 DPL64



BIG APPLE RED 22550220125



THE THRILL OF BRAZIL 22550220116 DPA16



I'M NOT REALLY A WAITRESS 22550220108 DPH08



SPARE ME A

FRENCH QUARTER?

22550220155

MAI AGA WINE 22550220187 **DPI 87**



A GOOD MAN-DARIN IS HARD TO FIND 22550220135 DPH47



GOT MYSELF INTO A JAM-BALAYA 22550220157 DPN57



MIND 22550220133 DPV33



& PO-BOYS 22550220261 DPN61



BUDAPEST 22550220174 DPE74



TIPS! 22550220162 DPN62



IN STOCK-HOLM? (C) 22550220147 DPN47



HUMIDI-TEA 22550220252 DPN52



REACH 22550220161 DPA61



LINCOLN PARK AFTER DARK 22550220142 DPW42



BLACK ONYX 22550220102 DPT02 *Lady in Black (EU markets)



SHADE NAME	FINISH	GC	IS	NL
A GOOD MAN-DARIN IS HARD TO FIND	C	GC H47		NL H47
A GREAT OPERA-TUNITY	С	GC N25	_	
A GREAT OPERA-TUNITY A RED-VIVAL CITY	C	GC V25 GC L22	ISL L22	NL V25 NL L22
	Č	GC LZZ		
A-ROSE AT DAWNBROKE BY NOON	P	_	ISL V11	NL V11
ALOHA FROM OPI (C+K)	С	GC H70	ISL H70	NL H70
ALPINE SNOW (C+K)	С	GC L00	ISL LOO	NL L00
AMAZONAMAZOFF	С	GC A64	_	NL A64
AMORE AT THE GRAND CANAL	C	GC V29	_	NL V29
AN AFFAIR IN RED SQUARE	P	_	ISL R53	NL R53
APHRODITE'S PINK NIGHTIE	Р	_	ISL G01	NL G01
AURORA BERRY-ALIS	С	GC 164	ISL 164	NL 164
BAREFOOT IN BARCELONA (C+K)	С	_	ISL E41	NL E41
BE THERE IN A PROSECCO	С	GC V31	_	NL V31
BERLIN THERE DONE THAT (C+K)	С	_	ISL G13	NL G13
BERRY ON FOREVER	С	_	IS L60	_
BEYOND THE PALE PINK	С	_	IS L35	_
BIG APPLE RED	С	GC N25	ISL N25	NL N25
BLACK CHERRY CHUTNEY	Р	GC 143	_	NL 143
● BLACK ONYX (C+K)	С	GC T02	ISL T02	NL T02
BLUE MY MIND	С	_	_	NL B24
 BOGOTÁ BLACKBERRY 	Р	GC F52	ISL F52	NL F52
BOYFRIEND JEANS	С	_	IS L79	_
BUBBLE BATH (C+K)	SH	GC S86	ISL S86	NL S86
CAJUN SHRIMP (C+K)	С	GC L64	ISL L64	NL L64
 CALIFORNIA RASPBERRY 	С	_	ISL L54	NL L54
● CAN'T BE BEET!	С	_	IS L13	_
 CAN'T FIND MY CZECHBOOK (C+K) 	С	GC E75	ISL E75	NL E75
 CAN'T FIND MY CZECHBOOK (PASTEL) 	С	GC 101	_	_
 CHA-CHING CHERRY 	С	_	ISL V12	NL V12
 CHARGED UP CHERRY 	С	_	ISL B35	NL B35
 CHECK OUT THE OLD GEYSIRS 	S	GC 160	ISL 160	NL 160
CHICAGO CHAMPAGNE TOAST	Р	_	ISL S63	NL S63
 CHICK FLICK CHERRY (C+K) 	С	GC H02	_	NL H02
CHIFFON MY MIND	С	GC T63	_	_
 CHOCOLATE MOOSE (C+K) 	С	_	ISL C89	NL C89
● CIA = COLOR IS AWESOME	С	GC W53	ISL W53	NL W53
 CLOSER THAN YOU MIGHT BELÉM 	С	GC L24	ISL L24	NL L24

SHADE NAME	FINISH	GC	IS	NL
COCA-COLA® RED	С	GC C13	ISL C13	NL C13
COCONUTS OVER OPI	С	GC F89	ISL F89	NL F89
COLOR SO HOT IT BERNS	С	GC Z13	ISL Z13	NL Z13
CONEY ISLAND COTTON CANDY	С	00 213	132 213	NL L12
CORRECTAMUNDO	С	_	_	NL BC3
COSMO-NOT TONIGHT HONEY	Р	GC R58	ISL R58	NL R58
COZU-MELTED IN THE SUN	P	GC M27	ISL M27	NL M27
CRAWFISHIN' FOR A COMPLIMENT	C	GC N58	ISL N58	NL N58
DEFY EXPLANATION	С	GC 1130	IS L59	TVE TV30
DO YOU HAVE THIS COLOR IN STOCK-HOLM!		GC N47	-	NL N47
DO YOU LILAC IT? (C+K)	. С	GC B29	ISL B29	NL B29
DO YOU LILAC IT? (PASTEL)	С	GC 102	_	_
DO YOU SEA WHAT I SEA?	S	GC F84	ISL F84	NL F84
DO YOU TAKE LEI AWAY? (C+K)	С	GC H67	_	NL H67
DON'T BOSSA NOVA ME AROUND	С	GC A60	ISL A60	NL A60
DS PEWTER	G	GC G05	_	_
DULCE DE LECHE (C+K)	С	_	ISL A15	NL A15
DUTCH TULIPS	С	GC L60	ISL L60	NL L60
ELEPHANTASTIC PINK	С	_	_	NL 142
ENTER THE GOLDEN ERA	Р	_	IS L37	_
EXOTIC BIRDS DO NOT TWEET	С	GC F91	ISL F91	NL F91
FLASHBULB FUCHSIA	S	_	_	NL B31
FOLLOW YOUR BLISS	С	_	IS L45	_
FREEDOM OF PEACH	С	GC W59	_	NL W59
FROM HERE TO ETERNITY	С	_	IS L02	_
FUNNY BUNNY	SH	GC H22	ISL H22	NL H22
GARGANTUAN GREEN GRAPE (PASTEL)	С	GC 103	_	_
GELATO ON MY MIND	С	GC V33	ISL V33	NL V33
GET RYD-OF-THYM BLUES	С	_	ISL 16	_
GETTING NADI ON MY HONEYMOON	С	GC F82	ISL F82	NL F82
GIMME A LIDO KISS	S	GC V30	_	NL V30
GIRL WITHOUT LIMITS	С	_	IS L04	_
GLITZERLAND	S	_	_	NL Z19
 GO WITH THE LAVA FLOW 	S	GC H69	_	NL H69
GOT MYSELF INTO A JAM-BALAYA	С	GC N57	ISL N57	NL N57
GOT THE BLUES FOR RED	С	GC W52	ISL W52	NL W52
GRAPELY ADMIRED	С	_	IS L12	_



SHADE NAME	FINISH	GC	IS	NL
GREEN COME TRUE	С			NL BC4
HALF PAST NUDE	С	_	IS L67	_
HAPPY ANNIVERSARY!	S	_	-	NL A36
HAWAIIAN ORCHID	P			NL A06
HELLO HAWAII YA?	C	GC H73	_	_
HOT & SPICY	С	GC 1173		NL H43
HOTTER THAN YOU PINK	С	GC N36		NL N36
HOW GREAT IS YOUR DANE?	С	GC N44	_	_
HUMIDI-TEA	S	GC N52	ISL N52	NL N52
I AM WHAT I AMETHYST	С	GC T76	_	NL T76
I CAN NEVER HUT UP	S	GC F86	ISL F86	NL F86
I CANNOLI WEAR OPI	C	GC V32	_	NL V32
I COULDN'T BARE LESS	SH	GC T70	_	_
I DO IT MY RUN-WAY	С	_	IS L80	_
I EAT MAINELY LOBSTER (C+K)	S	GC T30	_	NL T30
I JUST CAN'T COPE-ACABANA	С	GC A65	_	NL A65
I MANICURE FOR BEADS	С	GC N54	_	NL N54
I'LL HAVE A GIN & TECTONIC	С	GC 161	ISL 161	NL 161
I'M NOT REALLY A WAITRESS	S	GC H08	ISL H08	NL H08
I'M SOOO SWAMPED!	С	GC N60	_	NL N60
 ICELANDED A BOTTLE OF OPI 	С	GC 153	ISL 153	NL 153
IN FAMILIAR TERRA-TORY	С	_	IS L65	_
IN THE CABLE CAR-POOL LANE	С	_	_	NL F62
• IS THAT A SPEAR IN YOUR POCKET?	С	GC F85	ISL F85	NL F85
IT NEVER ENDS	С	_	IS L29	_
ITALIAN LOVE AFFAIR	Р	_	_	NL 127
IT'S A BOY!	С	GC T75	ISL T75	NL T75
IT'S A GIRL!	SH	_	ISL H39	NL H39
● IT'S A PIAZZA CAKE	С	GC V26	_	NL V26
IT'S IN THE CLOUD	С	GC T71	_	NL T71
 JUST LANAI-ING AROUND (C+K) 	С	GC H72	_	NL H72
KISS ME I'M BRAZILIAN	С	GC A68	_	NL A68
KISS ME ON MY TULIPS	С	_	_	NL H59
KOALA BEAR-Y	С	_	_	NL A46
KRONA-LOGICAL ORDER	С	GC 155	ISL 155	NL 155
KYOTO PEARL	F/SH	GC L03	_	NL L03
LA PAZ-ITIVELY HOT	С	_	ISL A20	NL A20
$C = Crème \mid S = Shimmer \mid SH = Sheer \mid F = Fr$	osted P = Pe	earl G = Glitte	r M = Matte	MT= Metallic

SHADE NAME	FINISH	GC	IS	NL
LESS IS NORSE	С		ISL 159	
LADY IN BLACK (EU)	С	GC T02-EU	ISL T02-EU	NL T02-EU
LET ME BAYOU A DRINK	Р	GC N51	_	NL N51
LIGHT MY SAPPHIRE	Р	_	_	NL B60
LINCOLN PARK AFTER DARK (C+K)	С	GC W42	ISL W42	NL W42
LINGER OVER COFFEE	С	_	IS L53	_
LISBON WANTS MOOR OPI	С	GC L16	ISL L16	NL L16
LIVE.LOVE.CARNAVAL	С	GC A69	ISL A69	NL A69
LIVING ON THE BULA-VARD!	С	GC F81	ISL F81	NL F81
LOVE IS IN THE BARE	С	GC T69	_	_
LUCERNE-TAINLY LOOK MARVELOUS	S	_	_	NL Z18
LUCKY LUCKY LAVENDAR (C+K)	С	_	ISL H48	NL H48
MADAM PRESIDENT	С	GC W62	ISL W62	NLW62
MADE IT TO SEVENTH HILL!	MT	GC L15	ISL L15	NL L15
MADE YOUR LOOK	С	_	IS L75	_
MALAGA WINE	С	GC L87	ISL L87	NL L87
MEET ME ON THE STAR FERRY	S	_	_	NL H49
MIAMI BEET (C+K)	С	GC B78	ISL B78	NL B78
MIDNIGHT IN MOSCOW	S	_	_	NL R59
MIMOSAS FOR MR. & MRS. (C+K)	С	_	ISL H19	NL R41
MOD ABOUT YOU (C+K)	С	GC B56	ISL B56	NL B56
MOD ABOUT YOU (PASTEL)	С	GC 106	_	_
MY ADDRESS IS "HOLLYWOOD"	S	_	ISL T31	NL T31
MY CHIHUAHUA BITES	С	GC M21	_	NL M21
MY DOGSLED IS A HYBRID	С	GC N45	_	NL N45
MY GONDOLA OR YOURS?	С	GC V36	_	NL V36
MY PRIVATE JET	S	GC B59	ISL B59	NL B59
MY VAMPIRE IS BUFF (C+K)	С	GC E82	_	NL E82
MY VERY FIRST KNOCKWURST (C+K)	С	_	_	NL G20
NEED SUNGLASSES? (PASTEL)	С	GC 104	_	_
NEVER A DULLES MOMENT	С	GC W56	_	NL W56
NEVER GIVE UP!	С	_	IS L25	_
NO FAUX YELLOW	С	_	_	NL BB8
NO DOUBT ABOUT IT!	С	_	_	NL BC2
NO ROOM FOR THE BLUES	С	GC B83	_	NL B83
NO STOPPING ME NOW				
	С	_	IS L07	_



SHADE NAME	FINISH	GC	IS	NL
NO TURNING BACK FROM PINK STREET	С	GC L19	ISL L19	NL L19
NOMAD'S DREAM	P	_	-	NL P02
NOT SO BORA-BORA-ING PINK	Р	_	ISL S45	NL S45
NOW MUSEUM, NOW YOU DON'T		GC L21	ISL L21	NL L21
• O SUZI MIO	С	GC V35	ISL V35	NL V35
OLIVE FOR GREEN	С	_	IS L64	_
ONE CHIC CHICK	С	GC T73	_	NL T73
ONE HECKLA OF A COLOR!	С	GC 162	ISL 162	NL 162
OPI BY POPULAR VOTE	С	GC W63	ISL W63	NL W63
• OPLINK.	S	GC B61	_	NL B61
OPI ON COLLINS AVE.	С	GC B76	_	NL B76
OPI RED (C+K)	P	GC L72	ISL L72	NL L72
OPI EURSO EURO	С	GC E72	_	NL E72
PALE TO THE CHIEF	С	GC W57	_	NL W57
PANTS ON FIRE!	С	_	_	NL BB9
PASSION (C+K)	SH	GC H19	ISL H19	NL H19
PEARL OF WISDOM	Р	_	IS L34	_
PETAL SOFT	С	GC T64	_	_
● PINK FLAMENCO (C+K)	С	GC E44	_	NL E44
● PINK-ING OF YOU (C+K)	SH	_	_	NL S95
PIROUETTE MY WHISTLE	С	GC T55	_	_
POLLY WANT A LACQUER?	С	GC F83	ISL F83	NL F83
POMPEII PURPLE	Р	GC C09	ISL C09	NL C09
 PRECISELY PINKISH 	С	_	_	NL BC1
 PRETTY PINK PERSEVERES 	С	_	IS L01	_
PRINCESSES RULE!	SH/S	GC R44	ISL R44	NL R44
 PURPLE PALAZZO PANTS 	С	GC V34	_	NL V34
PURPLE WITH A PURPOSE	Р	_	_	NL B30
PUT IT IN NEUTRAL	С	GC T65	_	NL T65
RAISIN' THE BAR	С	_	IS L14	_
 REACH FOR THE SKY 	С	_	IS L68	_
RED HOT RIO	С	GC A70	_	NL A70
REYKJAVIK HAS ALL THE HOT SPOTS	С	GC 163	ISL 163	NL 163
RELENTLESSLY RUBY	С	_	IS L10	_
RICH GIRLS & PO-BOYS	С	GC N61	_	NL N61
ROSE AGAINST TIME	С	_	IS L61	_
ROSY FUTURE	SH	_	_	NL S79
$C = Cr\`{e}me \mid S = Shimmer \mid SH = Sheer \mid F = Frosted \mid P = Pearl \mid G = Glitter \mid M = Matte \mid MT = Metallic \mid SH = Shimmer \mid SH = Sheer \mid F = Frosted \mid P = Pearl \mid G = Glitter \mid M = Matte \mid MT = Metallic \mid SH = Shimmer \mid SH = Sheer \mid F = Frosted \mid P = Pearl \mid G = Glitter \mid M = Matte \mid MT = Metallic \mid SH = Shimmer \mid SH = Sheer \mid F = Frosted \mid P = Pearl \mid G = Glitter \mid M = Matte \mid MT = Metallic \mid SH = Shimmer \mid SH = Sheer \mid F = Frosted \mid P = Pearl \mid G = Glitter \mid M = Matte \mid MT = Metallic \mid SH = Shimmer \mid SH = Sheer \mid F = Frosted \mid P = Pearl \mid G = Glitter \mid M = Matte \mid MT = Metallic \mid SH = Shimmer \mid$				

SHADE NAME	FINISH	GC	IS	NL
RUNNING WITH THE IN-FINITE CROWD	С	_	IS L05	_
RUSSIAN NAVY	S	GC R54	ISL R54	NL R54
SAMOAN SAND (C+K)	SH	GC P61	ISL P61	NL P61
SET IN STONE	С	_	IS L24	_
SHE WENT ON AND ON AND ON	С	_	IS L03	_
SHE'S A BAD MUFFULETTA!	С	GC N56	ISL N56	NL N56
SHH IT'S TOP SECRET!	С	GC W61	ISLW61	NLW61
SHORTS STORY	С	GC B86	ISL B86	NL B86
SHOW US YOUR TIPS!	S	GC N62	ISL N62	NL N62
SILVER ON ICE	S	_	IS L48	_
SPARE ME A FRENCH QUARTER?	С	GC N55	_	NL N55
SQUEAKER OF THE HOUSE	С	GC W60	_	NL W60
STAY OFF THE LAWN!!	С	GC W54	_	NL W54
 STAYING NEUTRAL 	С	_	IS L28	_
STEEL WATERS RUN DEEP	С	_	IS L27	_
STICK IT OUT	С	_	IS L58	_
 STICK TO YOUR BURGUNDIES 	С	_	IS L54	_
STOP IT I'M BLUSHING!	С	GC T74	_	NL T74
 STRAWBERRY MARGARITA 	С	GC M23	ISL M23	NL M23
 STRONG COALITION 	С	_	IS L26	_
STYLE UNLIMITED	С	_	IS L77	_
 SUN, SEA AND SAND IN MY PANTS 	С	GC L23	IS L23	NL L23
SUPER TROP-I-CAL-I-FIJI-ISTIC	С	GC F87	ISL F87	NL F87
 SUZI CHASES PORTU-GEESE 	С	GC L26	ISL L26	NL L26
 SUZI NAILS NEW ORLEANS 	С	GC N53	ISL N53	NL N53
SUZI SHOPS & ISLAND HOPS (C+K)	С	GC H71	_	NL H71
 SUZI WITHOUT A PADDLE 	С	GC F88	ISL F88	NL F88
SUZI - THE FIRST LADY OF NAILS	С	GC W55	ISL W55	NL W55
SUZI & THE ARCTIC FOX	С	GC 156	ISL 156	NL 156
SWEET HEART (C+K)	SH	_	ISL S96	NL S96
TAGUS IN THAT SELFIE!	С	GC L18	ISL L18	NL L18
TAKE A RIGHT ON BOURBON	Р	GC N59	_	NL N59
 TANACIOUS SPIRIT 	С	_	IS L22	
TAUPE-LESS BEACH	С	GC A61	ISL A61	NL A61
TEAL THE COWS COME HOME	S	_	ISL B54	NL B54
THAT'S BERRY DARING	С	_	_	NL B36
THAT'S HULA-RIOUS! (C+K)	С	GC H65	ISL H65	NL H65
(C) = Available in Clark+Kensington paint	exclusively	at the Paint Stu	dio at Ace Harc	dware.



SHADE NAME	FINISH	GC	IS	NL
THAT'S WHAT FRIENDS ARE THOR	С	GC 154	ISL 154	NL 154
THE BEIGE OF REASON	С	_	IS L31	_
THE LATEST AND SLATEST	С	_	IS L78	_
THE THRILL OF BRAZIL	С	GC A16	ISL A16	NL A16
THIS COLOR'S MAKING WAVES	S	GC H74	_	NL H74
 THIS COST ME A MINT 	С	GC T72	_	NL T72
THIS ISN'T GREENLAND	С	GC 158	ISL 158	NL 158
TICKLE MY FRANCE-Y	С	_	ISL F16	NL F16
TILE ART TO WARM YOUR HEART	С	GC L25	ISL L25	NL L25
TIRAMISU FOR TWO	С	GC V28	ISL V28	NL V28
TO BE CONTINUED	С	_	IS L40	_
TO INFINITY AND BLUE-YOND	С	_	IS L18	_
TOUCAN DO IT IF YOU TRY	С	GC A67	ISL A67	NL A67
• TURN ON THE NORTHERN LIGHTS!	S	GC 157	ISL 157	NL 157
TUTTI FRUTTI TONGA	Р	_	_	NL S48
 TWO-TIMING THE ZONES 	С	GC F80	ISL F80	NL F80
 UNEQUIVOCALLY CRIMSON 	С	_	IS L09	_
 UNREPRENTANTLY RED 	С	_	IS L08	_
VAMPSTERDAM	Р	_	ISL H63	NL H63
 WE SEAFOOD AND EAT IT 	С	GC L20	ISL L20	NL L20
WE THE FEMALE	С	GC W64	ISL W64	NL W64
WHISPERFECTION	С	_	IS L76	_
 WITHSTANDS THE TEST OF THYME 	С	_	IS L19	_
WORTH A PRETTY PENNE	S	GC V27	ISL V27	NL V27
YANK MY DOODLE	С	GC W58	ISL W58	NL W58
YOGA-TA GET THIS BLUE!	S	_	_	NL 147
YOU CAN COUNT ON IT	С	_	IS L30	_
• YOU DON'T KNOW JACQUES! (C+K)	С	GC F15	ISL F15	NL F15
YOU SUSTAIN ME	С	_	IS L57	_
YOU'RE BLUSHING AGAIN	С	_	IS L46	_
 YOU'RE SUCH A BUDAPEST (C+K) 	С	GC E74	ISL E74	NL E74
YOU'VE GOT NATA ON ME	С	GC L17	ISL L17	NL L17



CULTURE OF COLOR ISATTHE HEART OF WHAT WE DO.

- Suzi Weiss-Fischmann
OPI Co-Founder & Brand Ambassador





AVAILABLE IN THIS SALON





PROOF OF AUTHENTICITY

OPI PRODUCTS INC.